



Over the next several months, St. Ann's will offer a variety of mini programs designed specifically to give you a chance to try out some spiritual practices. As we sample together, we'll pay attention to what we like and what we don't like. We may come back for seconds of things that taste good. Taste and See if these spiritual practices work for you!

- **Each program will meet one day a week (30-60 minutes) and will run for 2-6 weeks (depending on the program).**
- **Most programs will be designed for you to simply drop in on any given week.**
- **You don't have to be at every session (though that might enhance the experience).**
- **We began in an online-only format.** We'll likely do this in person or in a hybrid model (with people in-person as well as people joining online at the same time) as safety permits.

Is there something you'd like to try?

Share your ideas by emailing Mother Lilo at mtrlilo@saint-anns.org

(Dates and times may be adjusted as we find the best times for people.)

(see details below)

Healing Prayer

Wednesdays at 7:00 pm
(in-person at Littlejohn and
also online on Zoom)

Join us as we pray for healing for ourselves, others and the world.

Meeting ID: 673 016 6058

Passcode: TAvn23

Listen and Share:

Monday, June 28 & July 11

Contemporary Spiritual Poetry

7:00 p.m.-8:00 p.m.

(2 sessions)

with Mother Lilo

There are many ways that God can speak to us. This group will explore some examples of contemporary spiritual poetry from modern-day poets.

Bible Study: Short Stories By Jesus

TBD

(3 sessions)

with Mother Lilo

Scriptural Collage

TBD

(2 sessions)

with Mother Lilo

Create your own interpretation of a scriptural passage using the art of collage. We'll share our work with each other.