



The Correspondent

Monthly Newsletter of Saint Ann's Episcopal Church, Sayville, New York

Volume XXIV
Issue 2

February 2017

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WEEKEND SERVICES

Saturday 5:00 PM – Holy Eucharist–Rite II
 Sunday 8:00 AM – Holy Eucharist–Rite II
 Sunday 10:00 AM – Holy Eucharist–Rite II

WEEKDAY SERVICES IN THE CHAPEL

Tuesday
9:00 AM Holy Eucharist

SPECIAL UPCOMING EVENTS

Feb. 14—Valentine's Day
 Feb. 20---Presidents Day/Office closed
 Feb. 26---Transfiguration of Our Lord



MISSION STATEMENT

Our mission is to spread the gospel of Christ in thought, word, and deed to our community and the world.

JANUARY SENIOR LUNCHEON HELP IS A 4-LEGGED WORD



Enjoying lunch and companionship at the Valentine-themed luncheon on January 31, about 30 seniors enjoyed hearing about the training of puppies to be assistance dogs. We heard about the training process and watched the dogs as they obeyed commands and did some helpful tricks.

Canine Companions for Independence (CCI) nurtures and trains puppies to help people with disabilities other than blindness. There are four

kinds of assistance dogs:

- Service Dogs – assist adults with physical disabilities
- Hearing Dogs – for the deaf or hard of hearing
- Facility Dogs – work in a visitation, education or healthcare setting
- Skilled Companions – enhance independence for children and adults with physical, cognitive, and developmental disabilities

Those interested in volunteering, donating, or applying to receive an assistance dog can check the CCI website at www.cci.org or call 1-800-572-BARK (2275) or email info@cci.org.

SAVE THE DATE: MARCH 7



For the next Senior Luncheon at 12:00 noon in the Parish Hall.

Father Brian will be our speaker and will be speaking on the amazing and adventurous life of St. Patrick!

FROM THE EDITOR

Actions Speak Loudly

Do not waste time bothering whether you “love” your neighbor; act as if you did. As soon as we do this, we find one of the great secrets. When you are behaving as if you loved someone, you will presently come to love him. —C.S. Lewis, *Mere Christianity*

We’ve heard a lot about the word “normalize” lately. There are some things we don’t want to normalize like learning to live in a dirty house, eating fast food ALL the time, and maybe ignoring frequent screams from the house next door! Normalizing behavior is just making it a habit, so that it seems that this is the way we should live. Sometimes we are able to do this in our own lives like when we grow up brushing our teeth before bedtime, remembering to feed the dog, or doing our chores and homework on a regular basis. Sometimes we can adjust our ideas about what is “normal” by reading books or seeing movies about other cultures or other people’s experiences (Tom Hanks on an island, socializing with a basketball)—or traveling or joining the Peace Corps, or even meeting some of the homeless people who live in Penn Station.. One thing we should normalize is that we should love and care for our fellow human beings. The more we explore, the more things we find normal. Let’s normalize love and kind deeds in our lives.

—Rodney Dudley

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2016 Saint Ann’s Episcopal Church

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March Deadline

Thursday, February 23

Saint Ann’s Staff

Minister of Music	Kathy Senese	589-6522 (Ext. 11)
Parish Administrator	Terry Freas	589-6522 (Ext. 10)
Finance Manager	Gayle Brady	589-6522
Sexton	Lou Linbrunner	589-6522
Cemetery Manager	Janet Croce	563-8203
Treasurer	Tom Munkelwitz	589-6522
Web Master	Rich Mugno	650-7079



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**COME TO DONATE
COME TO SHOP
COME TO VOLUNTEER**



THE RECTOR'S CORNER



What Is a Ministry Sabbatical? And Why Are They Needed?

Dear Parish Family,

Ministry is the most rewarding work I have ever done. For the last five years, it has been my privilege to be the spiritual leader of Saint Ann's. During these last five years, I have been blessed to be present with you for all of the experiences of the human condition, ranging from serious illness, family deaths, deep spiritual issues, tragedies, personal illnesses, to the celebrations of birth, baptisms and weddings. I have also been responsible for the administrative side of the church including; staff management and development, programs, training interns, mentoring new clergy and much more. All of this is, as I said is rewarding work, but over time it takes a physical, emotional, and spiritual toll and a renewal is needed.

That is the point of a ministry sabbatical. A ministry sabbatical is a time for the rector to set aside the normal responsibilities of the parish for the physical, emotional, spiritual, and intellectual well-being of the clergy.

To that end, The Diocese of Long Island has a policy with their clergy that after five years of completed service a six-week sabbatical is available to them, should they choose to take it. At the 2016 Diocesan Convention, the convention voted on a resolution to modify the sabbatical term to three months after six years of service. The committee who presented the resolution, determined after examination that three months is the standard length of time for a ministry sabbatical. This is church-wide, regardless of denomination.

I am asking your Vestry to break my sabbatical into two parts, six weeks in 2017 and six weeks in 2018. I am planning on taking the first part of the sabbatical May 21-June 30 of this year. By taking it in this manner Easter will be over and the summer will be settling in, which means things will be slower around the church and in parish life. During these six weeks, Father Brian will be responsible for the liturgies and pastoral visits, but funding has been budgeted for a supply priest if he needs a week off. The wardens will be responsible for administration and all other matters of church business.

During the sabbatical I plan on spending some time at home cooking, resting, and practicing good self-care and spending some time in retreat and spiritual renewal at the Cenacle here on Long Island.

Upon return, I look forward to working with you in an ever-stronger commitment to our life together in service to Christ and the work he has given us to do.

Blessings,

Mother Diane+

Vestry Visions

A New Year at St. Ann's

January has been quite the month of transition for our country and also in our own church. We have sworn in a new President as a nation and a new Vestry as a parish. We thank Tom Honey for continuing to lead us as Warden and Diane Miller-Magnani, Don Hester, and John O'Neill for their re-election to Vestry positions. It is with great pleasure that we welcome our newest member, Chris McNamee. Chris will be serving on the Vestry for the next three years. She also recently became the Chairman of the Buildings and Grounds Committee. We wish her well in all her undertakings.

We wished the Reverend Terrence Buckley all the best with heavy hearts as he moves on to become Deacon- and then Priest-in-Charge at Christ Church, Bellport. It was a pleasure to have Terrence with us serving on the altar and also brightening our mornings with his infectious smile and laughter!

If you attended the Annual Meeting, you were treated to a delicious brunch prepared by Don Hester. Various reports were presented informing the parish on the state of the church. The most important, in my opinion, was the financial report by Tom Munkelwitz. As Tom stated, we are again operating with a deficit budget his year. It is so important that we as a parish continue to pledge and support our church financially as best we can. We will be seeing continuing updates in the bulletin and *The Correspondent* in regard to the year-to-date giving balances.

St. Ann's website will be getting a makeover. We will soon see an updated and easy to navigate website to keep posted on all the happenings in the church.

We held our 4th Annual Blood Drive on January 18, 2017. Twenty-eight people showed up to donate, and we were able to collect blood products from 18 of them. Chairpersons Kathy Senese and I cannot thank you enough for giving the most precious gift of all—LIFE.

Look for details of upcoming events in the bulletin: Golden Pipes, Shrove Tuesday Pancake Supper, Bus Trip to the East End, Sister Act Live Comedy Show, and many more.

Jackie Gandolfo for the Vestry

	Wardens:		2018 Nancy Koinoglou	2019 Thomas Honey
	Vestry:	2018	Helen Houdek	Carol Ann St. Lawrence
			Wendy Schmittzeh	John Smith
		2019	Jackie Gandolfo	Jill Hughes
			Nicole LaFontaine	Constance Currie
		2020	Donald Hester	Diane Miller-Magnani
			Chris McNamee	John O'Neil

February is Heart Health Month



WHO: St. Ann's Food Pantry

WHAT: Collecting FROZEN vegetables and fruits

WHEN: The month of February

WHY: To provide heart healthy food to our recipients.

- During the month of February, the food pantry will be asking for donations of heart healthy FROZEN vegetables & fruits.
- Please leave donations in the Parish Hall freezer or during the week in the kitchen freezer of the Littlejohn Building..



THRIFT SHOP NEWS

A Special
THANK YOU

The Sayville Village Improvement Society had a large coat drive in January. Eighty (80!) coats were donated, and they were taken to the Sayville Library for distribution.



Alice Lapore, Director of the Sayville Library, was kind enough to donate all these ladies' men's and children's coats to St. Ann's Thrift Shop! We were overwhelmed with this generous donation, and we were able to give out all 80 coats to families in need.



Also, two of St. Ann's families donated 14 new children's coats that we gave to three local families.



My thanks to all who answer our requests for winter coats, and please continue to support our Thrift Shop! --Peggi Flanagan

PARISH FINANCIAL REPORT THROUGH JANUARY

	Budget	Actual	Over / (Under)
Year-to-Date January 31, 2017	\$11,733	\$15,234	\$3,501



Thoughts from the Front Porch Father Brian Barry



As winter drags on (like it always does) I have been spending less time than I'd like on my front porch. But I am stubborn, and the cold and the wind cannot keep me indoors all the time. My thoughts from the front porch have lately been turned to the Season of Epiphany- and the Seasonal Blessing of Epiphany in particular.

The blessing reads:

*May Christ, the Son of God, be manifest in you,
that your lives may be a light to the world.*



I think it is a beautiful blessing, and it brings to light the idea that the ways in which God blesses us also produce external and visible signs for all to see. What does it mean for our lives to be a light to the world? It seems like this blessing is not something simple, in that it does not simply mean "may God favor you." What it means to say is that God's favor upon us produces in us a light for the world to see. It means that God's blessings transform us, and make us more of who we are meant to be. As Christ became human, we are meant to become more like Christ, so that our very lives may be a light to the world.

And here is the kicker: people are drawn to lights. We are told a story in Epiphany about three wise men following a star at night. They followed the light and it led to Jesus. So now we are called to BE that light: people will be drawn to that light in us, and find Jesus. This is both a great blessing, and a great responsibility. As a community, and as individuals, we at St. Ann's must continuously ask ourselves "how are we to be a light to our community, our diocese, and our world?" In what way is God manifesting God's blessing upon our lives? What are the gifts of God that we possess that we can use to draw people to Jesus? That is what we are called to in this Christian Life: to be a light to the world, in order to draw people to Jesus. And if it seems, at times, like there is darkness around us, we remember the Gospel of John: "The Light shines in the darkness, and the darkness did not overcome it." (John 1:5) That Light, Jesus, is within all of us, and we are blessed and called to manifest His Light in our very lives.

February 5th



SOUPER BOWL SUNDAY

at St Ann's.

We will be celebrating the SOUPER BOWL of CARING by collecting soup and crackers to share with our Food Pantry guests. Thank you for your generous support.

Donations will be collected JAN 28 – FEB 12. Look for the giant soup pots!

VIEW FROM BEHIND THE POLE



SHROVE TUESDAY

PANCAKE SUPPER

TUESDAY, FEBRUARY 28th



5:00 PM to 7:00 PM



In the Parish Hall

Free Will Offering

In England, Shrove Tuesday is the traditional feast day before the start of Lent on Ash Wednesday. Since Lent has always been a time of fasting, Shrove (or Pancake) Tuesday was the time when all the butter, eggs, sugar, flour, and other rich foods were used up before the 40-day fast. And pancakes are made from all those items, which is very convenient and economical. Also, it helped to fatten you up since you were going to be fasting and presumably losing weight during Lent.

The word “Shrove” refers to confession, when the parishioners confessed their sins and were “shriven” (or forgiven) by the priest.

The Episcopal Church, being one of the branches of the Anglican Communion, celebrates with pancakes, but in other countries the celebrations are more elaborate. The French Mardi Gras (literally “Fat Tuesday”) has spread throughout the world and is especially well known in New Orleans and Rio de Janeiro. These are all part of the same idea that we must celebrate on that Tuesday because on Ash Wednesday we begin 40 days of fasting and prayer.

In sync



Need another reason to join the choir? Consider this: Neuroscientists in Sweden discovered that singers’ heartbeats tend to synchronize, which leads to a sense of emotional calm and bonding.

“Joint action leads to joint perspectives,” write the researchers. “In other words, singers may change their egocentric perspective of the world to a ‘we-perspective,’ which causes them to perceive the world from the same point of view.”

So, start singing — and enjoy the many benefits and blessings of being part of a choir!

DID YOU KNOW?

Singing daily for at least 10 minutes reduces stress, clears sinuses, improves posture and can even help you live longer.





PEANUT BUTTER AND JELLY MINISTRY

By Mary Mattarella (631-590-0076)



Dear Sisters and Brothers in Christ,



Our peanut butter and jelly ministry, was absolutely amazing! Rodney, Trudy, Paddy, Trevor, Wendy, Father Farrell (Now Vicar at All Souls Episcopal Church in Stony Brook), Sue V., and yours truly, worked with God, and all of your generous donations, to help our sisters and brothers in need.

The day started at 6:40 AM, as we joyfully boarded the Ronkonkoma Station, armed with love, the Holy Spirit, and much needed coffee! When we arrived at Penn Station, we met up with our new missionary, Joanne (from Zion Episcopal Church in Douglaston) and our city friend Jonathan, and started out work outside on the street.

We were instantly greeted by some familiar faces, and some new souls that God sent our way. One gentleman was so hungry, he ate three PB&J

sandwiches, while we were still setting up. After His hunger was met, He reached down into his bag of stuff, pulled out a Bible, and asked Father Farrell to pray. One Spanish man approached me, and told me that he was hungry, and needed enough food to make it to Chicago. He was scared, and thought he would be safer near a cousin. One man, named "Andi", is homeless and transgender, turned away by His own family. He was braving the cold, with a thin coat, socks and slippers. He only took what He needed, and asked for a pretty set of gloves, scarves, and hat. When He received these items from your donations, He thanked me for treating him like a human being. Andi then scurried off, to go to Holy Apostles Church for Hot Soup. One man, was just released from prison, no hope, no gloves, no food. I prayed with him, and with the help of my fellow missionaries, loaded up a bag with everything he needed.



At one point, I was approached by one of those ticket agents, in a red vest, that often pesters you as you come out of Penn Station, to buy tickets for a tour. This man told me that he was homeless, and needed a pair of gloves. I knew that he was lying to me, but God told me to give him the gloves. As we packed up and started walking towards a well needed meal break, this same "homeless ticket agent", confessed to me his lie, and asked for forgiveness. He had simply left his gloves at home! I told him that I forgave him the moment he lied to me, and guess what? He is now going to join the mission. He has called me twice, to report the items he has collected! So, I guess God was teaching me a lesson--not to be so tough on people, and also to show the man the Glory of God's forgiveness. Boy oh Boy, that simple pair of grey gloves really packed a punch!

After Lunch, we headed inside Penn Station, and handed out some more goods, and reflected on the day. I am so truly grateful, to all of you for prayers, donations, and for going on the trips. You all, my church family, have enabled me to grow, to see Christ in these people, to do what God has commanded me to do.

I love you all, ***The Very Festive Mary!***



YOUNG ADULT MENTORING

The Spot provides resources, community and mentoring for young adults who face unique challenges in career, relationships, and life purpose.

The Spot was founded by Spiritual Director, The Rev. Farrell Graves, former Assistant at St. Ann's and now Vicar of All Souls', Stony Brook; Spencer Edelbaum, Business Manager and Executive Director; and Sue Seel, of Caroline Church, Setauket, Certified Life Coach.

DISCOVERING YOUR LIFE PATH

Our coaching program is designed for those who desire support in their lives. Areas of focus include, but are not limited to: employment discernment, relationships, time management, money, and spirituality. The 2-month program includes weekly coaching sessions, materials and assessments, recommended readings, text and email communication, assignments based on action steps, weekly prep form, and a required and fulfilling service project. The program value is \$1,500, but we ask instead that you make a donation to The Spot that is within your budget. We believe it is important for a client to pay a fee, even if it is a fraction of the cost, so that he/she will take full responsibility for engagement in the program.

You can read more about this group, their events, and their activities at www.thevillagespot.com.

You can contact The Spot at info@thevillagespot.com or 631-246-5153. Their mailing address is: PO Box 45, Stony Brook, NY 11790



BRAG BOX

HOLLY BARRY



Congratulations to Holly Barry who was admitted to the Bar for the US Supreme Court! This means that she is now certified to argue cases before the Supreme Court in Washington D.C. Normally, as a NY attorney, she would represent a client locally in New York City. If the client does not get a favorable verdict in his case, he can appeal. And appeal two more times. If the case is still not resolved favorably, it goes to the Supreme Court, where they can decide to reject it and let the previous verdict stand or they can accept it, and the client would be represented by his NY lawyer, our own Holly Barry! We are proud of you Holly! Hope you get that big case sometime soon!

WHAT'S IN YOUR GLASS?

By Jeanne La Natra, DT-R

So, it is February, the second month of the year. The time of New Year's resolutions has come and gone, but there is still a lot of time left to make some healthy life changes. Specifically, as a Nutrition Professional, I strongly recommend giving up drinking alcohol. I personally don't have an addiction to alcohol, but I won't lie to you. I enjoy drinking alcohol! I like the taste of it and the nice buzz I get, but I've decided to give it up. I will share my reasons with you.



Alcohol is toxic. Alcohol contains empty calories and has no nutritional value. Your body can not store alcohol, so it must metabolize it right away. When you drink alcohol, your body makes metabolizing it a priority over all other metabolic processes.

What is metabolism? Metabolism is the process by which your body converts what you eat and drink into energy. Your body needs energy (calories) for obvious reasons, like moving about, exercising, and physical activity. But, when you are at rest (sleeping), your body still needs energy for breathing, circulating blood, adjusting hormone levels, digestion, and growing and repairing cells.

We've all heard that drinking red wine is good for our hearts. According to the Mayo Clinic, moderate alcohol consumption MAY provide some health benefits, including reducing your risk of developing heart disease and possibly reducing your risk of diabetes. However, the evidence about the health benefits of alcohol isn't certain. Key word: MAY. The possible benefits don't outweigh the risks.

What is considered "moderate" alcohol use? Moderate alcohol use for healthy adults means up to one drink a day for women of all ages and men older than 65, and up to two drinks for men younger than 65. A drink is 12 fl. oz. of beer, 5 fl. oz. of wine or 1.5 fl. oz. of distilled spirits (80 proof). I know I would not be satisfied with merely one glass of wine, and in a restaurant, you usually get a 6 oz. serving or a 9 oz. serving. So, one large glass of Pinot Grigio and you've practically had today and tomorrow's alcohol allotment.

If you are looking for non-alcoholic substitutions consider green tea, mint tea or the purple/red juices like cranberry, pomegranate, grape, and beet juices. 100% cranberry and grape juices have many of the same health benefits as red wine. And if it is antioxidants you seek, one of my favorite mantras is berries, cherries, grapes!

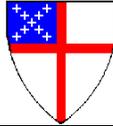
One final thought: you can't LIVE without your liver, so be kind to it! --Jeanne

Sources: www.fitday.com; www.mayoclinic.com; www.justbelieverecoverypa.com; www.loveyourliver.com



**Apparently you
have to eat healthy
more than once to
get in shape. This
is cruel and unfair.**





NOTES

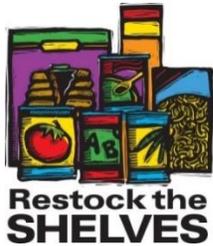
ST. BARNABAS' BUDDIES

Whether you need help or can give help, call Gerry Hoek at 631-868-7278 for further information.

- (1) Prepare a meal for someone recovering from a recent illness or fall.
- (2) Drive someone to a doctor's appointment and bring them home.
- (3) Bring someone to church (perhaps once a month) if they are unable to drive.



Make a phone call to someone homebound just to let them know they are not forgotten.



OUR DAILY BREAD

Monday & Thursday, from 10:00 AM -12:00 Noon

This month we would especially appreciate donations of the following items:

- Canned Meats * Tuna * Chili * Juice * Shelf Stable Milk *
Toilet Paper * Paper Towels * Bread**

Of course, cash donations allow us to buy whatever is needed!



CHRISTIAN YOGA

THURSDAYS at 1:30 PM in the Parish Hall

We use yoga mats (extras are available if you'd just like to visit), and do our exercises sitting down, lying down, and standing. Most of the exercises are basic stretching, and we do not get into anything complicated. It is also very relaxing for those who are feeling stressed. All welcome. No charge!



Attention Cemetery Plot Owners:

Please be aware that when it snows only the Main Asphalt Road gets plowed. The other gravel/dirt roads will be plowed only if needed to conduct service for a new burial. We are sorry for any inconvenience this may cause. **-Janet Croce**



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IF YOU HAVE ANY QUESTIONS OR COMMENTS REGARDING THE BIRTHDAYS AND ANNIVERSARIES LIST, PLEASE CONTACT THE CHURCH OFFICE AT 631-589-6522.



WEDDING ANNIVERSARIES

3	James & Jeannette Hayes	11	Randy & Susanne Schultz	17	Kevin & Brooke Mattimore
5	Thomas & Linda Munkelwitz	16	David & Angelica Russell		Robert & Carole Sheppard
11	Michael & Debbie Dowling	17	John Cerillo & Kimberly Schaum-Rodriguez	18	Robert & Sandra Immoor



1	Madison DaSilva	7	Linda Buntten	12	Christine Wilson	17	James Hayes
2	Michael Dowling		Susan Conklin	13	Alexandra Barone		Patricia MacDonell
	Mark Little	9	Honey Weiner		Dorothy Lamens	20	George Fisher
	Ryan Schaum-Rodriguez	10	Kara Felton		Garrett Leuly		Debora Schmeider
3	Karen Tampellini		Kyle Wolfe		Mark Leuly	21	Thomas Rascona
4	Angelica Russell	11	Sadie Hynes		Jane Vander Borgh		Theresa Smith
5	William Streek		Joyce Mogelnicki	14	Nancy Koinoglou		Chelsea Whitehouse
6	Jonah Carter		Hanna Munno		Trevor May	23	Jenna Jacques
	Heather Johnson	12	Joseph Chase	15	Lara Espinoza	26	Valerie Field
7	Natalie Bosse		Donald MacKenzie		Paul Stoehrer	27	Ryan Mattimore

These names are offered each month as an opportunity to extend to our brothers and sisters the love of Christ on these special days and to express our thanks for the gift of their presence in our midst. They are also offered as an opportunity to pray for each one of these individuals and couples on these significant days in their lives.

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<p>411 Central Islip Blvd. Ronkonkoma, NY 737-0051</p>	<p>Granny Road & Route 112 (opp. Holy Sepulchre Cemetery) 696-0721</p>		

God of love, as we share valentines this month, remind us also to share practical expressions of your love for all: food, shelter, clean water, acceptance of differences, a helping hand.

Our Church History



By Connie Currie

❖ **The Garden of the Unforgotten**

**CLARENCE PAUSEWANG
SECTION 45 – LOTS 5 & 6**

Clarence Pausewang, 34 years old, who was born in Sayville, died the first week of February, 1930. This young man was highly respected and esteemed. He was associated with his three brothers in the rapidly growing business of their machine shop in the northern part of the village, which is one of the largest and best known on Long Island. Like the others, he was an expert mechanic and took great pride in their product, the manufacture of marine motors and all kinds of intricate machine work.

Just after Thanksgiving Clarence and his young wife were overcome by coal gas in their home on Lakeland Avenue, and ever since that time, he had complained of severe headaches, but had doggedly kept on with his work and was busy about the shop, however the next morning he was too ill to go to work by eleven o'clock he became unconscious and remained in a state of coma until his death which occurred at six the following morning. Although no autopsy was held, physicians attribute the loss of his life to pressure upon the brain, probably caused by a tumor and undoubtedly aggravated by the unfortunate experience which he underwent the previous November.

The young man attended the Sayville schools, leaving High School before graduation from Sayville High School in order to pursue a course in mechanics at Pratt Institute. In June of 1929 Clarence and Miss Elsie Edwards, daughter of Mr. and Mrs. Morris Edwards of Sayville were married. Surviving him were Elsie, his brothers Carl, William and Leopold.

Funeral Services were held in his late home on Lakeland Avenue conducted by the Reverend Joseph H. Bond, Rector of St. Ann's Episcopal Church, assisted by the Rev. D. Paul Herriott, pastor of the Congregational Church. A prayer was also offered by the Rev. Mrs. George Kellogg of Nepaug, Conn., an aunt of Mrs. Pausewang. Funeral services of the Odd Fellows Lodge of which the deceased was a member, were also conducted by members of Sayville Lodge No. 322. Burial took place in the family plot in St. Ann's cemetery.

Where Is Thy Sting?

Death's power is limited. It cannot eradicate memories or slay love. It cannot destroy even a threadbare faith or permanently hobble the smallest hope in God. It cannot permeate the soul and it cannot cripple the spirit. It merely separates us for a while. That is the only power death can claim — no more. —Donna VanLiere



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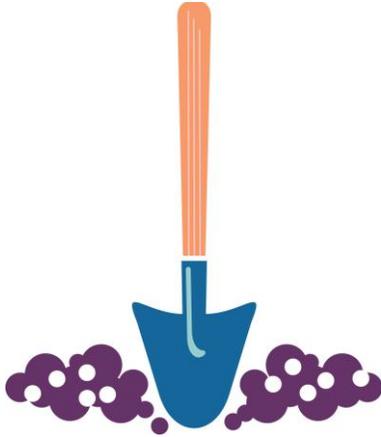
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Start Digging!



Scripture promises that God has a plan for our lives but also reveals that he wants us to play an active role in that plan. In 2 Kings 3, three kings band together to defeat Moab but end up in an 80-mile desert. Amid this dire situation, God commands the people, “Make this valley full of ditches” (verse 16, KJV) and promises to fill them with water — even though it won’t rain.

Before the people’s need was supplied, they had to trust God and act. The next morning, water filled every ditch they had dug. Plus, they were victorious in battle.

The takeaway? God will bring the blessing, but we may have to dig first!

AROUND SAINT ANN’S Monthly Schedule

See Correspondent pages and Bulletin for changes/cancellations.

Check out the website at: www.saint-anns.org

Sundays

8:00 AM—Holy Eucharist
9:00 AM---Sunday School
10:00 AM—Holy Eucharist
7:30 PM—AA Meeting

Mondays

10:00AM—12:00PM Food Pantry
7:00 PM—EfM
7:00 PM—Vestry Meeting—February 13
8:00 PM—AA Meeting

Tuesdays

8:00 AM—Men’s Group
9:00 AM—Holy Eucharist
6:00 PM—Children’s Choir
7:00 PM—Adult Choir Rehearsal

Wednesdays

7:00 PM—Youth Group

Thursdays

10:00 AM—AA Meeting
10:00AM—12:00PM Food Pantry
1:30 PM---Christian Yoga Class
8:00 PM—AA Meeting

Friday

Saturday

5:00 PM—Holy Eucharist



Justin Navratil

Phone: (631) 681-2263 / Email: jnavratil@accentestates.net
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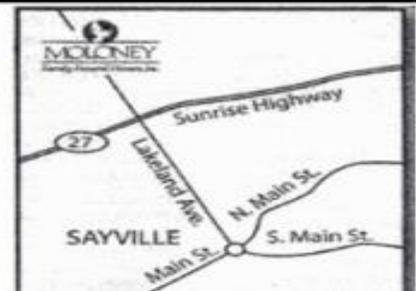
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