



+ The Correspondent

Monthly Newsletter of Saint Ann's Episcopal Church, Sayville, New York

Volume XXIII
Issue 3

March 2016

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WEEKEND SERVICES

Saturday 5:00 PM – Holy Eucharist–Rite II
 Sunday 8:00 AM – Holy Eucharist–Rite II
 Sunday 10:00 AM – Holy Eucharist–Rite II

WEEKDAY SERVICES IN THE CHAPEL

Tuesday
 9:00 AM Holy Eucharist

SPECIAL UPCOMING EVENTS

- Mar. 2 – Soup Supper/Confirmation Class
- Mar. 6 – Fourth Sunday in Lent
- Mar. 9 – Soup Supper/Confirmation Class
- Mar. 13 – Fifth Sunday in Lent
- Mar. 16 – Soup Supper/Confirmation Class
- Mar. 20 – Palm Sunday
- Mar. 20-26 Holy Week
- Mar. 24 – Maundy Thursday
- Mar. 25 – Good Friday
- Mar. 27 – Easter Vigil
- Mar. 27 – Easter
- Apr. 1 – Golden Pipes/Bring Desserts

MISSION STATEMENT

Our mission is to spread the gospel of Christ in thought, word, and deed to our community and the world.



HOLY WEEK 2016

Palm Sunday, March 19 & 20, 2016

5:00 PM (Saturday): Holy Eucharist
 8:00 AM: Holy Eucharist Rite II with Choir
 10:00 AM: Holy Eucharist Rite II with Choir

Monday – March 21, 2016

7:00 PM: The Stations of the Cross with Compline

Tuesday – March 22, 2016

9:00 AM: Holy Eucharist in the Chapel

Maundy Thursday – March 24, 2016

7:00 PM Maundy Thursday Liturgy
 The Foot Washing, The Holy Eucharist, Stripping of the Altar
 9:00 PM–8:00 AM Overnight Vigil in the Chapel

Good Friday – March 25, 2016

11:00 AM: The Stations of the Cross in the Cemetery
 12:00 Noon: Good Friday Liturgy in the Church

Holy Saturday – March 26, 2016

9:00 AM: Holy Saturday Liturgy in the Chapel
 7:00 PM: The Great Vigil of Easter

Easter Day: The Resurrection of Our Lord: March 27, 2016

8:00 AM: Holy Eucharist Rite II with Choir
 10:00 AM: Holy Eucharist Rite II with Choir



FROM THE EDITOR

Walking the Faith

As spring buds and temperatures rise, it's fun to get outside and walk. Walking is great for both body and mind. "To solve a problem, walk around," advised St. Jerome. Naturalist Henry David Thoreau agreed, saying, "The moment my legs begin to move, my thoughts begin to flow." Indeed, walking has been linked to improved creativity and reduced anxiety.

Some Bible versions translate Ephesians 5:8 "Live as children of light," while others use "walk": "You were once darkness, but now you are light in the Lord. Walk as children of light" (NKJV). What a great rendering! Living is something we often do passively and without much thought, while walking is an intentional, active pursuit; we must choose when, where and how we do it.

Now that we're children of light — newly alive springtime people, Easter people! — Jesus urges us to not just live the faith but to walk it. When our faith becomes active, new thoughts flow, anxiety decreases and we make strides in our relationship with Jesus.

—Heidi Mann

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The Correspondent

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Published monthly by Saint Ann's Episcopal Church.
 Copies and advertising information available through the office.

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2015 Saint Ann's Episcopal Church

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April Deadline
Thursday, March 24th

Saint Ann's Staff

Minister of Music	Kathy Senese	589-6522 (Ext. 11)
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COME TO DONATE
COME TO SHOP
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Easter Possibilities

The message of Easter is not only that Christ is risen, not only that suffering is not the last word, not only that God gives new life, but this: Nothing is impossible with God. —The Rev. James Martin, S.J.



THE RECTOR'S CORNER



Holy Week and Easter

Dear Parish Family,

Every year at this time, I write to tell you about the sacredness of Holy Week and the importance of your participation in these services. This year will be no different.

The three services of Holy Week, Maundy Thursday, Good Friday, and the Easter Vigil are called the *Triduum* (Latin for three days) and are considered to be one service broken into three parts; culminating with the joyful service of Easter and the celebration of Christ's resurrection from the dead. Each service serves a specific purpose.

Maundy Thursday, derives its name from the Latin *mandatum*, the first word of the phrase "*Mandatum novum do vobis ut diligatis invicem sicut dilexi vos*" (A **new commandment** I give unto you, that you love one another as I have loved you). This day also commemorates the institution of the Holy Eucharist. At the end of this service, the altar is stripped, the reserve sacrament is taken from the tabernacle, the sanctuary candle (announcing the presence of Christ in the reserve sacrament) is extinguished and all other signs of His presence are removed from the church, as we prepare for His death on the Cross. There is no blessing or dismissal, and the people depart in darkness as we begin our walk with Christ to Calvary.

Good Friday commemorates the arrest, crucifixion and death of Christ on the Cross, which scripturally occurred between 12 noon -3:00 PM. This year, we will have a change of service times to commemorate this fact. We will do the Stations of the Cross at 11:00 AM in the cemetery, and the Good Friday liturgy will be held at 12 noon. As was the case last year, we will not receive communion from the reserve sacrament. The theological explanation is, we stripped the altar of His presence on Maundy Thursday night, Christ has died on Good Friday and is no longer among us. To go without the sacrament on the day of His death is to remind us of His absence in our lives; and it will give greater joy to receiving the sacrament on the day of His resurrection.

The Great Vigil of Easter is the first service of Easter. In it we celebrate the resurrection of Christ and his defeat over death. It is also one of the oldest liturgies in Christendom. Our Easter Vigil will be held at 7:00 PM on Saturday evening. On Sunday morning, we will also have two Easter Day services at 8:00 and 10:00 AM, both with music and choir.

I implore you to participate in *Triduum* of Holy Week. The power and glory of Easter is more profoundly felt when you have walked with Christ through the agony of Holy Week. I look forward to taking that walk with each of you.

Blessings,

Mother Diane+

Vestry Visions

Walking and Praying the Labyrinth



While talking to a lot of you I was surprised to learn that so many did not know what to do at the labyrinth. Walking and Praying the labyrinth gives us the opportunity to meditate and communicate with God and our inner self. A labyrinth is not a maze. It does not have dead ends. It has a single circuitous pathway that winds its way to the center and back out again. The pathway is in full view which allows you to meditate and communicate with God. It can quiet a distracted or overactive mind.

Generally, there are three stages to walking a labyrinth: (1) Releasing on the way in; (2) Receiving in the center; and (3) Returning when you follow the path back out.

Before you begin your journey stand at the entrance of the labyrinth and state your intention as clear as possible. Example: I need/want a solution to my problem. Take a few deep breaths to calm your body, mind and soul. Start your walk by keeping your mind quiet, concentrate on the placement of one foot before the other. You can also say a prayer while walking at an even pace. When you reach the center, stop for a while. This is the place for meditation, prayer and to receive whatever there is for you to receive from God. When you feel ready, begin your journey out. This is a good place to be mindful of others and circumstances in the world that need prayers.

There is no right way or wrong way to walk or pray a labyrinth. Use it in any way that meets what you need at the time. You may want to go directly to the center and sit or stand quietly. Some people come with questions and seeking answers, others come to slow down and take time out from a very busy life. Some come to find strength to take the "next step". Many come during times of grief and loss.

Peace and Blessings,

Carol Ann St. Lawrence for the Vestry

<p>OUR VESTRY</p>	Wardens:	2017 Ernest DeWitt	2018 Nancy Koinoglou
	Vestry:	2017 Donald Hester	Diane Miller-Magnani
		Thomas Honey	John O'Neil
		2018 Helen Houdek	Carol Ann St. Lawrence
		Wendy Schmittzeh	John Smith
		2019 Jackie Gandolfo	Jill Hughes
		Nicole LaFountaine	Constance Currie

Food Pantry Outreach



EASTER BASKET MINISTRY

With your support St. Ann's Food Pantry will be distributing Easter Food Baskets to our neighbors in need. If you or somebody you know would benefit from receiving an Easter Basket please contact the parish office 589-6522 or Lynette Schulz

472-2235 as soon as possible, not later than March 11th.

We will again use a Giving Tree (like Thanksgiving) to collect food donations. Please choose items from the Giving Tree (located in the Parish Hall) and return items to the church. If you choose to purchase a ham, please indicate that on sign-up sheet along with your phone number.

We need all non-perishable donations by Sunday, March 13th
Hams by Sunday, March 20th

If you are interested in participating:

- Food donation - food tags in Parish Hall
- Adopt-a-Basket \$50
- Help with grocery shopping (always need help here!)
- Assemble and deliver baskets on Sunday, March 20th, 11:15 AM in the Parish Hall

THANKS!

We collected over 40 cans of soup and 10 boxes of crackers. Many thanks for your participation and support of the Souper Bowl of Caring.





Guest Column

By Mary Mattarella-Hieronymi



MORE PEANUT BUTTER AND JELLY MINISTRY

In the January issue of The Correspondent, we learned about the “Peanut Butter and Jelly Ministry” of Mary Mattarella-Hieronymi, who is a Saint Ann’s parishioner. You can often find her on the altar, in the pews, at the coffee hour, or singing something entertaining at Star Search or Golden Pipes. But for the past eight years, she has been performing her own personal mission work among the homeless. She visits the city about once a month. This article is about Mary’s most recent visit. If you would like to donate or have questions about this ministry you can find Mary at church or contact her via email at elojoitaliano@yahoo.com. -Editor

Greetings to all my sisters and brothers at St. Ann’s!

I am bursting with joyous news about my latest mission trip to Penn Station, to aid our homeless sisters and brothers! I went armed with 154 peanut butter and jelly sandwiches, 45 pairs of socks, a few hand warmers, 44 blankets, and a variety of toiletries. All of you prayed for my work, some donated cash, some donated food, and our Thrift Shop donated warm clothing. All this combined to make a truly blessed trip, and I thank you all, and so do the people that we helped. I love you all, and I thank you so very much!

On February 13th the temperature was below zero with the wind chill factor. I had six full bags and arrived at Ronkonkoma Train Station at 6:30 AM, knowing that the only way to do this, was to have complete faith and trust in God. After I purchased my ticket to Penn Station, I prayed to God, for an angel to help me. No sooner had I said “Amen,” than a group of three young men approached me and asked if they could help. They got me and all my bags onto the next train, and even helped me carry everything off when we got to Penn Station!

I went through all the sandwiches and goods within two hours. However, I knew that my work was not done, for Penn Station was awash with city workers and police, begging homeless souls to go to an emergency shelter, due to the extreme cold. I approached a police officer, asking what I could do, and he told me to try to help coax them into a shelter. I thought of all of you back home, and that gave me more courage and strength!

After a few hours of assisting homeless souls up the stairs toward police emergency vehicles, a group of five homeless ladies asked me for food, but I was completely out of everything!! I just prayed real hard (out loud I may add), “Jesus, I truly need one of those loaves and fishes type miracles, please, please help me!” And you know what? A finely dressed man came directly over to me and handed me *A 100 DOLLAR BILL!* I guess some angels come to earth dressed in suit and tie. I thanked him, and he said that he had no time, but he had money to give. So, my new friends and I went straight over to McDonald’s, ordered \$100.00 worth of hamburgers, and ate lunch. These same homeless ladies helped me hand out the rest of the food on the Amtrak side of Penn station. The best part is that these ladies--along with 11 more homeless people that we gave burgers to--went to the shelter! Sisters and brothers, this goes to prove, sometimes praying out loud, is exactly what God wants to hear!



I love you all, and thank you!

Mary Mattarella-Hieronymi



AN EVENING OF GRIEF COUNSELING

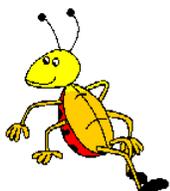
On Monday evening, February 22, a team of grief counselors from St. John's Hospital in Far Rockaway came to speak about the journey we all go through as we face the difficult times in our lives. They are pictured above with Mother Diane. The Rev. Ella Laster, Dr. Francine Hernandez, and the Rev. Dr. Marvin Bentley led a session aimed specifically at dealing with our sudden loss of Father Jae, and was all the more poignant as Father Jae did his field service work for seminary with Dr. Hernandez and her team. They knew him and were able to understand our particular loss as they felt it too.

The potluck supper contributed greatly to the evening. We can always use comfort food when dealing with difficult subjects! Following supper, an interactive discussion ensued, and there were many emotional moments shared, not only about our relationships with Father Jae, but also other difficult moments in the attendees' lives.

We received an interesting handout, which talked about different ways we grieve and things that can help us through the grieving process. It also included a story, "Waterbugs and Dragonflies," which is meant as a way to explain death to young children, but it's such a lovely story I think it would be comforting to anyone, and I have included it here. –Rodney Dudley

WATER BUGS AND DRAGONFLIES

Down below the surface of a quiet pond lived a little colony of water bugs. They were a happy little colony, living far away from the sun. For many months they were very busy, scurrying over the soft mud on the bottom of the pond. They did notice that every once in a while one of their colony seemed to lose interest in going about. Clinging to the stem of a pond lily, it gradually moved out of sight and was seen no more. (continued page 8).



Water Bugs and Dragonflies (Continued)

“Look!” said one of the water bugs to another. “One of our colony is climbing up the lily stalk. Where do you think she is going?” Up, up, up it slowly went...Even as they watched; the water bug disappeared from sight. Its friends waited and waited, but it didn’t return.

“That’s funny!” said one water bug to another. “Wasn’t she happy here?” asked a second. “Where do you suppose she went?” wondered a third. No one had an answer, and they were greatly puzzled.



Finally, one of the water bugs, a leader in the colony, gathered its friends together. “I have an idea,” he said. The next one of us who climbs up the lily stalk must promise to come back and tell us where he or she went and why.” “We promise,” they all solemnly agreed.

suggested

One spring day, not long after, the very water bug who had the plan found himself climbing up the lily stalk. Up, up, up he went. Before he knew what was happening, he had broken through the surface of the water and fallen onto the broad green lily pad above.

When he awoke, he looked about with surprise. He couldn’t believe what he saw. A startling change had come to his old body. His movement revealed four silver wings and a long tail. Even as he struggled, he felt an impulse to move his wings. The warmth of the sun soon dried the moisture from the new body. He moved his wings again and suddenly found himself up above the water. He had become a dragonfly!

Swooping and dipping in great curves, he flew through the air. He felt exhilarated in the new atmosphere. By and by, the new dragonfly alighted happily on a lily pad to rest. Then it was that he chanced to look below to the bottom of the pond. Why, he was right above his old friends, the water bugs! There they were scurrying around, just as he had been doing some time before.

The dragonfly remembered the promise: “The next one of us who climbs up the lily stalk will come back and tell where he or she went and why.” Without thinking, the dragonfly darted down. Suddenly he hit the surface of the water and bounced away. Now that he was a dragonfly, he could no longer go into the water.



“I can’t return!” he said in dismay. “At least I tried. But I can’t keep my promise. Even if I could go back, not one of the water bugs would know me in my new body. I guess I’ll just have to wait until they become dragonflies too. Then they’ll understand what has happened to me and where I went.”

And the dragonfly winged off happily into its wonderful new world of sun and air.

[From “Waterbugs and Dragonflies: Explaining Death to Young Children” by Doris Stickney]

VIEW FROM BEHIND THE POLE



Joy is prayer. Joy is strength. Joy is love. Joy is a net of love by which you can catch souls. God loves a cheerful giver. One gives most who gives with joy. The best way to show our gratitude to God and people is to accept everything with joy.

A joyful heart is the inevitable result of a heart burning with love. Never let anything so fill you with sorrow as to make you forget the joy of the Christ risen.

—Mother Theresa

Saint Ann's Choir presents

GOLDEN PIPES

**Singing Extravaganza
&
Potluck Dessert**



Friday, April 1st @ 6:30 PM

Singers of all sorts invited to sign up!

Opera? Folk? Christian? Country? Rock? Pop? Novelty?

As long as you are singing!

Just sign up in the Parish Hall to bring a dessert.



Saint Ann's Episcopal Church, 257 Middle Road, Sayville, New York 11789 * 631-589-6522

Sign up to sing in the Parish Hall!



Lent Madness (www.lentmadness.org) marches onward! We now have 10 saints out of the eventual Saintly 16 who have been chosen:

Helena who started out as a stable maid, married an emperor, gave birth to Constantine, and later convinced him to convert to the Christian faith.

Absalom Jones was the first African American priest in the Episcopal Church. He was a slave at 16, was educated by Quakers, and eventually was able to buy his own freedom. A great orator, he went on to found the African Episcopal Church.

Methodius and his brother Cyril were pitted against each other. A tough contest because they were brothers who shared the same ministry. They traveled around bringing the Gospel to the Slavic countries and translating it into their local language. Methodius won this matchup, but it was close. Perhaps it was because he was the older brother and lived longer to carry on the ministry?

Julian of Norwich lived during the time of the black plague. She devoted herself to prayer, study, and writing. After a severe illness, she began having visions of Jesus. She wrote about these visions in a book believed to be the first book written by a woman in the English language.

Meister Eckhart is one of the greatest mystics of the Christian tradition. A great scholar and preacher, he was very controversial and fought back against a charge of heresy. Similarities between his thought and the mystical traditions of Asia have made him a fruitful resource for modern interreligious dialogue. (He beat out **Drogo**, a particular favorite of mine who had the spiritual gift of bilocation—ability to appear in two places at the same time! Plus, he was the Patron Saint of Coffee!)

Constance was an Episcopal nun who ignored the dangers of yellow fever to care for sick victims and nursed many of them back to health, though she eventually succumbed to yellow fever herself.

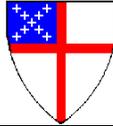
Joseph defeated Christina Rossetti. It's hard to say no to the earthly father of Jesus.

Roch (Rock in English) is known as the patron saint of dogs, falsely accused people, and plagues.

Columba was an Irish book lover, who built a monastery on an island—Iona—and launched many missionary trips from there. Legend has it that he preached and converted the Loch Ness Monster!

Albert Schweitzer, author, musicologist, medical doctor, and Nobel Peace Prize winner for his work in Africa won over St. Lawrence of Rome. But you have to admire Lawrence who was martyred by being burned to death on a grill. It has been said that after hours of torture from being burned, he said, "Turn me over; I'm done on this side."

Still time to check out the Lent Madness Bracket and pick your favorites day by day. Which saint will win the Golden Crown?
--Rodney Dudley



NOTES

PEANUT BUTTER & JELLY MINISTRY—AND SOAP

If you have read the Peanut Butter and Jelly Ministry (page 6 of this issue), there is something else you could do to contribute to this ministry for the homeless. Mary Mattarella-Hieronymi, has requested sample size soaps, shampoos, and detergents to bring with her on her next mission trip to visit the homeless. If you travel and can save the small size hotel soaps and shampoos or if you receive samples of soaps or detergent in the mail--or if you have access to any other small toiletries—please save them for Mary. She can put them to good use! You can usually find Mary in the Parish Hall after the 10:00 service or you can contact her at elojoitaliano@yahoo.com. (She'll even be at Golden Pipes!)



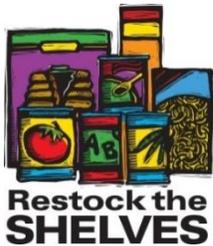
MARCH 13TH

DAYLIGHT SAVINGS TIME BEGINS

Don't be late for church!

OUR DAILY BREAD

Monday & Thursday, from 10:00 AM -12:00 Noon



For March we would especially appreciate donations of the following items:

Canned Chicken * Tuna * Shelf Stable Milk * Juice

Toilet Paper * Hot & Cold Cereal * Bread

Leave donations in the wagon in the Parish Hall or across the street in the Food Pantry kitchen

Of course, cash donations allow us to buy whatever is needed!

GIVING RECOGNITION TREE



GIVING RECOGNITION TREE A reminder: When you want to give a donation to St. Ann's to honor loved ones--living or deceased, your gift of \$500 may be acknowledged on a leaf on our Giving Recognition Tree in the Chapel lobby. Other options for larger donations are available. Contact the Church office for further information.



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IF YOU HAVE ANY QUESTIONS OR COMMENTS REGARDING THE BIRTHDAYS AND ANNIVERSARIES LIST, PLEASE CONTACT THE CHURCH OFFICE AT 631-589-6522.



WEDDING ANNIVERSARIES

1	William & Joyce Hamilton	15	Craig & Kristen LoNigro	30	Brian & Renee Chalmers
5	Kenneth & Linda Herbert	26	Edward & Deborah Schmeider		

BIRTHDAYS

1	Peg Flanagan	12	Helen Maloney	18	Joseph Zanchelli	27	Mary Mattarella Hieronymi
	Thomas Rice		Edward Moran		Sam Zanchelli		Joan Palmieri
	Mary Jean Lap-Bohanick	13	Lynne Abrams	19	Marade Bergen	28	Victoria Barone
3	Nancy Leuly		Sally Stoll-DePompeo		Jason Cole		Philip DePompeo
4	Zachary Svendsen		Luis Vasquez		Cynthia Houdek		Eric Gustafson
	Sebastian Cole	14	Patrick Cavanagh		Erin MacDonell		Sharon Vander Borgh
5	Brendan Mattimore		Gail Ditmar		Judith Meyer	29	Robert Gaito
6	Jared Bergen	15	Taylor Whitehouse		Karly Walch		Keith Johnson
7	Ann Marie Hlavac		Gabrielle Sclafani	23	Florence Chase		Norma McKendrick
	Lauren Waters	16	Robert Honey		Benjamin O'Connell		Adam Zeidler
	Miranda Waters		Paul Wells	24	Nicole LaFontaine	30	Jennifer Lasko
8	Jason Walsh	17	Susan DeWitt	25	Ron Sanchez		Leah Vander Borgh
11	Addie Sanders		Lori Svendsen	26	Jill Hughes	31	Debbie Dowling
12	Ashley Byrnes	18	Ruth Garry	27	Marlena Espinoza		Jean Lap
							Wyatt Reksten

These names are offered each month as an opportunity to extend to our brothers and sisters the love of Christ on these special days and to express our thanks for the gift of their presence in our midst. They are also offered as an opportunity to pray for each one of these individuals and couples on these significant days in their lives. Prayers will be offered at worship for each listed above on the Sunday of the week of their birthday and/or anniversary, and also at the 9:00 a.m. Morning Mass on their specific day.

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<p>411 Central Islip Blvd. Ronkonkoma, NY 737-0051</p>	<p>Granny Road & Route 112 (opp. Holy Sepulchre Cemetery) 696-0721</p>		

Our Church History



By Connie Currie

❖ The Garden of the Unforgotten ❖

MARIE CAROLINE de KEREDERN de TROBRIAND POST

B October 15, 1845 – D March 8, 1926

Section 31

THE POST FAMILY – A CONTINUING SERIES

Marie Caroline de Keredern de Trobriand Post was the daughter of Phillippe Regis Denis de Keredern de Trobriand and Mary Mason Jones, granddaughter of John Mason, founder and first president of the First Chemical Bank. Marie Caroline was born while her parents were living in Venice, Italy. She was named after her Godmother, Henri V's mother, the famous Duchesse de Berry, ex-Regent of France, who held the child in her arms during the whole ceremony of baptism, which took place in the private chapel of her palace, the Palazzo Vendramin.

The Trobriands moved back and forth between New York and France for several years, but when the Civil War broke out in 1861, the Baron de Trobriand became an American citizen and offered his services to the Northern cause. He served with great distinction, became a colonel in the 31st Infantry, and then in the 13th US Infantry, which he commanded until his retirement in 1879.

Marie Caroline married Albert Kintzing Post in Trinity Chapel, New York City. Years later, after being widowed, she married a distant cousin of her late husband, Charles Alfred Post, at Ascension Church. She and Albert Kintzing Post had five children:

- (1) Lina Beatrice, who married Hamilton Fish Webster, grandson of the Hon. Hamilton Fish, Governor of New York and Secretary of State for eight years during President Grant's administration.
- (2) Waldron Kintzing Post, born July 7, 1868, married Mary Lawrence Perkins.
- (3) Regis Henri Post, born January 28, 1879, married Carolyn Beatrice Post.
- (4) Beatrice de Trobriand Post, born December 31, 1877, married Duncan Candler.
- (5) Edith Church Post, born August 7, 1882, married Golet Gallatin.

Marie Caroline was the author of genealogies of John Mason and Isaac Jones and of the Post family. She also wrote the ***Life and Memoirs of General Regis de Trobriand, U.S.A.***

[Series to be continued next month]



Life and Death

When some huge, unusual flowers bloomed at botanic gardens in Denver and Chicago, thousands of people waited hours for a peek—and a whiff. The *Amorphophallus titanum*, native to Sumatra, takes up to 20 years to produce a first bloom and then another decade to produce a second. Each blossom lasts just 48 hours and releases an odor similar to rotting flesh (thus the nickname “corpse flower”).

Whether it's a massive flower or a human body, nothing on earth lasts. Because of sin, we all reek of death. Only one thing endures: the truth of Scripture and its promises. “The grass withers, the flower fades, but the word of our God will stand forever” (Isaiah 40:8, ESV). **–Stephanie Martin**

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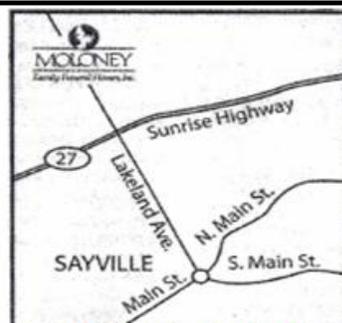
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+Christian Symbol+



Violet

The violet, a symbol of humility, is most often used in reference to the Virgin Mary.

St. Bernard described Mary as “the violet of humility.” The flower is also used to express Christ’s humility in assuming human form

AROUND SAINT ANN’S Monthly Schedule

*See Correspondent pages and Bulletin for changes/cancellations.
Check out the website at
www.saint-anns.org*

Sundays

8:00 AM—Holy Eucharist
10:00 AM—Holy Eucharist
7:30 PM—AA Meeting

Mondays

7:00 PM—EfM—March 7
7:00 PM—Vestry Meeting—March 14
8:00 PM—AA Meeting

Tuesdays

8:00 AM—Men’s Group
9:00 AM—Holy Eucharist
6:00 PM—Children’s Choir Rehearsal
7:00 PM—Adult Choir Rehearsal

Wednesdays

7:00 PM—Youth Group

Thursdays

10:00 AM—AA Meeting
8:00 PM—AA Meeting

Friday

Saturday

5:00 PM—Holy Eucharist

ST. BARNABAS’ BUDDIES

Whether you need help or can give help, call Gerry Hoek at 631-868-7278 for further information.

- (1) Prepare a meal for someone recovering from a recent illness or fall.
- (2) Drive someone to a doctor’s appointment and bring them home.
- (3) Bring someone to church (perhaps once a month) if they are unable to drive.
- (4) Make a phone call to someone homebound just to let them know they are not forgotten.



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