



The Correspondent

Monthly Newsletter of Saint Ann's Episcopal Church, Sayville, New York

Volume XXIII
Issue 1

January 2016

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WEEKEND SERVICES

Saturday 5:00 PM – Holy Eucharist–Rite II
 Sunday 8:00 AM – Holy Eucharist–Rite II
 Sunday 10:00 AM – Holy Eucharist–Rite II

WEEKDAY SERVICES IN THE CHAPEL

Tuesday
 9:00 AM Holy Eucharist

SPECIAL UPCOMING EVENTS

Jan. 1 – New Year's Day
 Jan. 6 – Epiphany
 Jan. 18—ML King Jr. Day / Office closed

MISSION STATEMENT

Our mission is to spread the gospel of Christ in thought, word, and deed to our community and the world.



Saint Ann's Episcopal Church January 17, 2016



Pursuant to the Canons of the Episcopal Diocese of Long Island and the Religious Corporation Laws of the State of New York, notice is hereby given of the Annual Meeting of Saint Ann's Episcopal Church, Sayville, New York, at 11:30 AM on Sunday, January 17, 2016.



May God make your year a happy one!
 Not by shielding you from all sorrow and pain,
 but by strengthening you to bear it as it comes;
 Not by making your path easy,
 but by making you sturdy to travel any path;
 Not by taking hardships from you,
 but by taking fear from your heart;
 Not by granting you unbroken sunshine,
 but by keeping your face bright, even in the shadows;
 Not by making your life always pleasant, but by showing you
 when people and their causes need you most, and by making you
 anxious to be there to help.
 God's love, peace, hope, and joy to you for the year ahead.
 --Author Unknown

FROM THE EDITOR

A new day! A new year! Show me the steps you would have me take, O Lord.

It is the start of a new calendar year, and we must move forward, but in our hearts and minds we are still reeling with the loss of our beloved Father Jae and others who have been taken from us. But move on we must. We look to the Lord to show us what we must do. Father Jae has given us a fine example of a life lived in Christianity. We at St. Ann's are so fortunate that his too brief priesthood was spent here among us.

A sudden loss like this can be a wake-up call to those of us who still have time. Let us honor his memory—and indeed all our loved ones who have passed—by being and doing and giving the best that is in us.

As James O'Barr has written, "If the people we love are stolen from us, the way to have them live on is to never stop loving them."

Rest in Peace, and know that you are alive in our hearts.



— Rodney Dudley

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The Correspondent

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February Deadline
Thursday, January 21st

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Treasurer	Tom Munkelwitz	589-6522
Web Master	Rich Mugno	650-7079



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COME TO DONATE
COME TO SHOP
COME TO VOLUNTEER

Those we love and lose are always connected by heartstrings into infinity.

—Terri Guillemets



THE RECTOR'S CORNER



Mother Diane has taken a break for the month of December. This is an encore column, previously published in The Correspondent. - Editor

EXACTLY WHAT IS THE SEASON OF EPIPHANY?

Dear Parish Family,

What does Epiphany mean and what is the season of Epiphany all about? I get this question quite a lot, and here are the answers!

The Epiphany, is one of the seven principle feast days of the church, and is celebrated on January 6th. The Epiphany commemorates the manifestation of Christ to the peoples of the earth, and it is on the day of the Feast of the Epiphany the arrival of the magi to worship the baby Jesus is celebrated.

The actual season of Epiphany can be four to nine weeks long, running from the Feast of the Epiphany through the Tuesday before Ash Wednesday; the length of the season varying according to the date of Easter. During the season of Epiphany the gospel stories we hear describe the various events that manifest the divinity of Christ; such as the Baptism of our Lord which is always observed on the Sunday after Epiphany. Other gospels describe the wedding at Cana of Galilee where Jesus performed his first miracle by turning the water into wine, the calling of the disciples, and various other miracles and teachings of Jesus. The Last Sunday after the Epiphany is always devoted to the Transfiguration of Jesus, where Jesus' true identity is revealed to Peter, John and James on the mountaintop.



A Season for Sharing

During this sacred season of Epiphany, watch with great vigilance for Christ's presence around you. I pray that Christ will be made known—manifested—in you, and I pray that your soul will be touched by the gospel passages, and your heart warmed by Christ's presence in your life.

Blessings,

Mother Diane+

A Prayer for the New Year

Eternal God, thank you for bringing us once again to the threshold of a new year. Help us dedicate each day of 2016 to following your will for our lives. Guide us, Lord, in all our decisions and actions, day by day and hour by hour. Help us accomplish all that you desire for us to do, until our mission on earth is finished. In Jesus' name we pray. Amen.

Vestry Visions

This Christmas was different. The weather we are used to—GONE--the darkness of Christmas Eve, brightened by the first time in 38 years by a full moon. I hope it made Santa's deliveries easier.

For the more spiritual among us, celebrating the newborn birth hopefully also made us all more aware the precious nature of life from newborn to adult. We must not forget the message of joy to the world while remembering how important a hug can be. As we share the peace, let's remember some of the special hugs we have had in the past and past and pass them forward! ... Wouldn't you like to be remembered for your warm hugs?

On the Vestry, our job of overseeing the physical plant for repairs and improvements continues. We are busy, from small things like readjusting the light on the face of Christ above the altar (which—hopefully--by the time you read this has been adjusted, and the errant light is no longer merely shining on his feet) to big things like the new ramp for our front entry. All the permits are in place for construction of the new ramp. They were put on hold for fear of cold-weather construction delays. If only we had known how unseasonable the weather was going to be...

Easter comes early this year, at the end of March. This will also mark the start of the construction. This will entail new plantings and lighting around the old stone church's perimeter. All of these things take money. The Vestry spends a lot of time reviewing the church's finances. There is enough in our budget to do the work that must be done, but it frequently requires us to take money from our savings accounts. Our accounts, like yours, will run dry if we don't deposit money into the account.

At this time of New Year's resolutions, please consider increasing your giving a little to keep St. Ann's in the best operating condition and support her ongoing programs so we don't need to constantly draw down our savings accounts. The Vestry was pleased to see that income from the plate has increased, but we can't budget on that income and must rely on the pledges you all have made. If you haven't made yours yet, please do. If you already have pledged, it's easy to adjust your pledge (with a small increase?) Even a small increase in pledges by all of the congregation would help a great deal in offsetting the expenses of maintaining and improving our beautiful stone church.

Blessings for the New Year,

Don Hester for the Vestry

	Wardens:	2016 Nancy Koinoglou	2017 Ernest DeWitt
	Vestry:	2016 Jackie Gandolfo	Jill Hughes
		Christie Strecker	Constance Currie
		2017 Donald Hester	Diane Miller-Magnani
		Thomas Honey	John O'Neil
		2018 Helen Houdek	Carol Ann St. Lawrence
		Wendy Schmittzeh	John Smith

The Rev. Jae Wook Chung

July 15, 1973 – December 16, 2015

Death leaves a heartache no one can heal, Love leaves a memory no one can steal.

[From an Irish headstone]



I am always saddened by the death of a good person. It is from this sadness that a feeling of gratitude emerges. I feel honored to have known them and blessed that their passing serves as a reminder to me that my time on this beautiful earth is limited and that I should seize the opportunity I have to forgive, share, explore, and love. I can think of no greater way to honor the deceased than to live this way. [Steve Maraboli]

SAND ART VIDEO BY FATHER JAE

If you haven't seen the video on Facebook of Father Jae creating sand art pictures for a seminary class, you can click on the link below, and it will take you to YouTube. This is an unlisted link, so you can't search for it on YouTube. It's a very moving video where you can see his hands creating the changing pictures.

www.youtube.com/watch?v=i1p7V0xsBWU



A LETTER FROM SHIN

This letter is reprinted from Fr. Jae's Facebook page, where Shin reached out to friends and family for special memories for a scrapbook. If you would like to share a memory, please see the information below:

Dear Friends and Family in Christ who've shown so much love to Jae and our family:

Thank you for being there for us during these weeks, and for your prayers and/or presence yesterday and today.

We would like to make a scrapbook for our children to have later as young adults, to know what kind of a man Jae was, and to know that they were/are so loved. To this end, we would like to request that you send us notes with your memories of/with Jae -- funny, poignant, touching, etc., silly stories as well as deep, theological conversations -- kinds that would engage with and touch our children as young adults.

Please mail them to us at 59 Pine St., Sayville, NY, 11782.

You are also welcome to email them to me at dualime@gmail.com.



We are so saddened, but grateful for your support,
Shin & the family



Guest Column

By Mary Mattarella-Hieronymi



GOD LOVES PEANUT BUTTER AND JELLY

Mary Mattarella-Hieronymi is a Saint Ann's parishioner. You can often find her on the altar, in the pews, at the coffee hour, or singing something entertaining at Star Search or Golden Pipes. But for the past eight years, she has been performing her own personal mission work among the homeless. This is her story of a recent visit into the city. Mary does all this work by herself. If you would like to donate or have questions about this ministry you can find Mary at church or contact her via email at elojoitaliano@yahoo.com. -Editor

To all my sisters and brothers at St. Ann's,

I have been doing a joyous and rewarding mission with our homeless sisters and brothers in Christ, that I would like to share with all of you. I have named this joyous work, **God Loves Peanut Butter and Jelly!** It's a simple name for a way to follow God's wish for us to clothe the naked and feed the hungry.

The day after Christmas a couple of weeks ago, I went to Penn station, with peanut butter and jelly sandwiches, gloves, scarves, candy canes, small soaps, and wash rags, along with some other personal hygiene items. I also prepared sheets with info on where the local soup kitchens and shelters are, in relation to the Penn station area. I also took a stack of single dollar bills, which I would donate to the street performers. I do not go alone; I always take my travel guide—God—with me. I always pray and ask him where to go.

After about four hours around Penn station, I felt God wanted me to go somewhere else, so I simply prayed for the answer, and I heard in my head and my heart, "Go to St. Patrick's Cathedral." I chuckled to myself, packed up, and walked there. After about five minutes of silently walking around such a beautiful place, I decided to pray in front of The Nativity, and there he was, God's reason for my journey there.

I met Charlie, a homeless soul who was silently crying and praying. I simply sat next to him, and asked him if I could join him in prayer. After we were done praying, I asked him to join me outside. I told him that he would honor me if I could give him some small Christmas gifts, and he lovingly and graciously accepted my wares.

I was moved by the spirit of Father Jae, and I gave Charlie a good old fashioned hug. Charlie told me that no one had hugged him in years! Then we looked at my info sheet, and we found a soup kitchen and a small shelter for him to go to. I walked with Charlie, and we looked at the big Rockefeller Center Christmas tree together, and we sang. We then parted ways. I called the shelter today after church, and Charlie is there, and still singing, praise God. Sometimes, the homeless do not want handouts; they need to just talk, maybe pray, or even play a game of checkers.

On Saturday, I even danced in the belly of Penn station, as one of the street performers played a guitar, and several people joined in! His donation can gradually filled up, but I think it's because I just danced, and didn't sing, (ha ha!) If you want to see the face of God, come along. Just please bring some peanut butter and Jelly!

I love you all,

Mary Mattarella-Hieronymi

SENIOR LUNCHEON – TUESDAY, JANUARY 19TH 12:00 Noon

LUNCH BUNCH



Calling all Seniors! The next luncheon is coming up soon. We have had an average of about 40 attendees—both men and women—for the fine lunches prepared by Linda Munkelwitz and Karen McGorty. This month be prepared for exercise. Ellen from the Patchogue YMCA will lead us in easy chair exercises to work up our appetites. **Bring two canned goods of equal weight.** After you use them as substitute exercise weights, please leave them in the wagon for our Food Pantry. Lunch will follow the exercise session at 1:00PM.



GRAPE WALNUT SALAD RECIPE

Many people asked for the recipe for the grape salad, which was served at last month's luncheon. Here it is. Enjoy!

Grape Walnut Salad

2 lb. red seedless grapes
2 lb. green seedless grapes
1 package cream cheese (8 oz.), softened
1 c. sour cream
½ c. white sugar
1 t. vanilla
1 c. chopped walnuts or pecans
½ c. brown sugar

Rinse grapes and pat dry. In a large bowl, mix softened cream cheese, sour cream, white sugar and vanilla. Add grapes to the cream cheese mixture and stir thoroughly to coat. Sprinkle brown sugar over grape mixture. Cover and refrigerate until ready to serve. Right before serving, sprinkle nuts on top.

Hate vs. Love



Martin
Luther
King Jr.
Day

Civil rights leader Martin Luther King Jr. compared hate to “an unchecked cancer,” saying it “corrodes the personality and eats away its vital unity.” Unfortunately, the destructive force of hatred is often evident in nations, communities, families, and even churches.

The obvious—though not always easy—antidote to hatred is love. As *The Message* translation of Proverbs 10:12 states, “Hatred starts fights, but love pulls a quilt over the bickering.” The image of a comfy quilt symbolizes the soothing impact that loving words and actions can have on enemies as well as friends.

Plus, it's tough to share the gospel without showing love, which social reformer Elizabeth Cady Stanton called “the ‘open sesame’ to every soul.”

Our lives begin to end the day we become silent about things that matter. – Martin Luther King Jr.

Start the New Year right!

SAINT ANN'S 3rd ANNUAL BLOOD DRIVE

For the third year, Saint Ann's, in conjunction with the LI Blood Services, will be holding a blood drive on **Wednesday, January 20, 2016**, between 2:00 PM and 8:00 PM in the Parish Hall.

Any person, ages 16-75, weighing at least 110 pounds, who is in good health and who has not donated blood in the past six weeks, is eligible to give blood. Sixteen-year olds must have an official Blood Drive

Permission slip signed by a parent. Adults over the age of 76 must have a note from their physician that they are able to donate blood. All donors must provide photo ID.

Sign up in the Parish Hall after church on Sundays. Walk-ins welcome as well. Help Saint Ann's reach our goal!



Resolve to Revitalize

Church revitalization is a hot topic, and ideas for congregations can bring fresh energy and meaning to personal and family life, too. Consider the following tips:

- Have a clear vision. It's easy to go along day to day without considering what you're moving toward. Beyond the everyday routine, what bigger vision does God have for you? This year, take specific steps toward living that out.
- Ask questions. What gets you excited — even passionate? What issues or situations break your heart? What are you good at? Resolve to use a talent or something you enjoy to help heal hurts.
- Balance history with innovation. Honor your past as God's gift that makes you who you are, but be open to change. Dare to step out in faith for the sake of your life's mission. Try something new in the spirit of the God who's always doing a new thing (Isaiah 43:19; Revelation 21:5).

The best way to revitalize a church might be to revitalize the lives of its individual members!

Seeking the Best



Who Is My Neighbor?

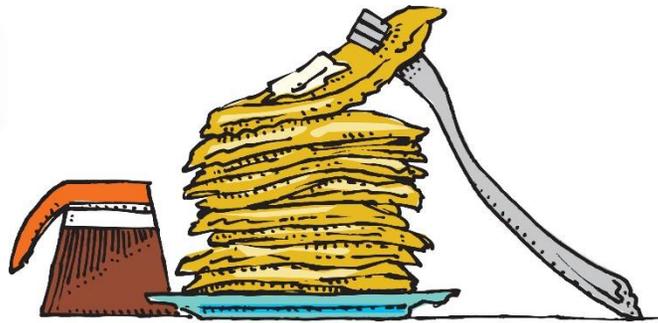
I believe that appreciation is a holy thing — that when we look for what's best in a person we happen to be with at the moment, we're doing what God does all the time. So in loving and appreciating our neighbor, we're participating in something sacred. —Fred Rogers

VIEW FROM BEHIND THE POLE

Pancake Supper - February 9th

5:00 - 7:00 PM

Hard to believe, isn't it? Christmas and the New Year just barely past, and now it's time to get ready for the Lenten Season. The Choir will once again be hosting the Pancake Supper on the evening before Ash Wednesday. Be sure to save the date for a joyful evening!



SHROVE TUESDAY

Save the date!



Join the Choir



The brilliant Christian psychiatrist, Dr. Walter Menninger, said that singing in a church choir was very helpful to him. After an exhausting day at work, he found it inspirational and soothing to go to choir practice at his church. The music enabled him to put the stress of his day behind him, get in touch with something beautiful and holy, and end the day relaxed and uplifted.

Ask a choir member what singing in a choir does for him or her. It's very likely that you'll find he or she gets great joy in serving the Lord through singing. And remember, also, there is wonderful fellowship among choir members. Singing in a choir is a good way to make new friends. Try it.

"O give thanks unto the Lord; call upon His name; make known His deeds among the people. Sing unto Him, sing psalms unto Him; talk of all His wondrous works. Glory in His holy name; let the heart of those who seek the Lord rejoice." -- Psalm 105:1-3

Resolve to Listen



Christian philosopher Paul Tillich said, “The first responsibility of love is to listen.” Yet in our fast-paced culture, truly listening to someone has become a lost art.

The intricate Chinese written character for the verb to listen offers wise insight about how to listen to people so they feel heard. The symbol is actually a combination of characters for ears, eyes and an open heart. Basically it reads, “I give you my ears, my eyes and my undivided attention.” What a great image of being fully engaged during the act of communication!

James 1:19 offers two wise resolutions for the year ahead: Be “quick to listen” and “slow to speak” (NRSV). Practicing the skill of active listening is a much-needed way to minister to other people, serving as Jesus’ “ears” in a hurting world.

Before All Else Fails

In *Too Busy Not to Pray* (InterVarsity Press), Bill Hybels cites reasons that prayers may seem to go unanswered (unconfessed sin, selfishness and so on). The most common cause, though, is prayerlessness:

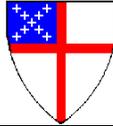
“People often tell me how they have attempted to address a pressing need,” Hybels writes. “They have gone to counselors, read self-help books, claimed biblical promises, practiced self-discipline, confided in Christian friends, practiced assertiveness or submission or self-denial or positive thinking, even read books about prayer — and their need is still not met.” But when asked if they’ve prayed “fervently and regularly” about the matter, the answer is usually no.

James 4:2 says, “You do not have because you do not ask God.” So instead of thinking “When all else fails, pray,” try this: “Pray before all else fails.”



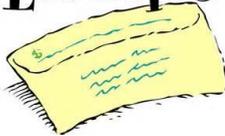
Holiness is not something we do or attain; it is the communication of the divine life, the inbreathing of the divine nature, the power of the divine presence resting on us.

—Andrew Murray



NOTES

Offering Envelopes



OFFERING ENVELOPES MAILED

Church offering envelopes have been mailed to everyone in the parish who has pledged. If you have not received envelopes in the mail and you want them, please contact the church office. If you have not yet pledged for 2016, it is not too late.



Restock the SHELVES

OUR DAILY BREAD

Monday & Thursday, from 10:00 AM -12:00 Noon

This month we would especially appreciate donations of the following items:

Canned Meats * Tuna * Chili * Juice * Shelf Stable Milk *

Toilet Paper * Paper Towels * Bread * Soup

*****SUPPLIES ARE LOW WITH MORE PANTRY GUESTS DURING THE WINTER*****

Leave donations in the wagon in the Parish Hall or across the street
in the Food Pantry kitchen

Of course, cash donations allow us to buy whatever is needed!

CHRISTIAN YOGA

Start the New Year out right with weekly yoga stretching and relaxation exercises!

We meet every Thursday, rain or shine, at 1:30 PM in the Parish Hall.

Come down and give it a try. You'll feel better for it!



Attention Cemetery Plot Owners:

Please be aware that when it snows only the Main Asphalt Road gets plowed. The other gravel/dirt roads will be plowed only if needed to conduct service for a new burial. We are sorry for any inconvenience this may cause. **-Janet Croce**



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IF YOU HAVE ANY QUESTIONS OR COMMENTS REGARDING THE BIRTHDAYS AND ANNIVERSARIES LIST, PLEASE CONTACT THE CHURCH OFFICE AT 631-589-6522.



WEDDING ANNIVERSARIES

8	Charles & Barbara King	20	Donald & Stacy May	26	John & Carol Ann St. Lawrence
15	Kevin & Janet Adam	21	Donald & Judy Hester		
19	Roland & Lynne Russell		Anthony & Joan Palmieri		

BIRTHDAYS

1	Juancarlos Espinoza	9	Stephen VanderBorgh	16	Carrie Whitehouse	25	David O'Donnell
	Michael Hynes	10	Kyle Hughes	17	Kevin Adam	26	Ryan MacDonell
2	Charles King	11	Kaylin Zeidler		Joseph Castelli	27	JoAnn DaSilva
3	Alissa Williams	12	Dorothy Benedict		Alberta Sawyer		Daniel LaPenna Jr.
4	Trudy Nasta		Donald MacKenzie	18	Eugene DeMott	28	Michael DaSilva
	Oliver Rivas		Theresa McGee	19	Albert Dechen		Mary Ann Davis
	Jennifer Rossi		Caitlyn Wolfe		Ryan Meinsen		Jennifer Lembeck
5	Aidan Donoghue	13	Brian Chalmers		Evan May		Caryn Wells
	Diane Miller-Magnani		Ryan Lasko	20	Sonja Greves	29	Maryann Augusta
	Chris McNamee		Zoe Lasko		Geraldine Hoek		Jameson DaSilva
6	Nancy Britts		Carol Ann St. Lawrence		John St. Lawrence		William Kraft
	James Deegan	14	Evan Meinsen	21	Andrea Sanseviro		Courtney Weeks
	Barbara McGeary		Frank Prass	22	Nancy Bevelander		Cassidy Weeks
	Stephanie Streek		Grant Richards	23	Jenny O'Connell	30	Christie Strecker
8	John Cerillo		Robert Sheppard	24	Christie Clark		
	Richard Mugno	15	Daniel Limoli		Avalon Fox		
9	Thelma Thuma		Jeneane Patrovich	25	Sean Mattimore		

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....*fr*;Our Church History



By Connie Currie

❖ The Garden of the Unforgotten ❖

REGIS HENRI POST

B January 28, 1870 – D October 6, 1944

Section 31 – Lots 1-2-3

THE POST FAMILY – A SERIES

Regis Henri Post, the second son of Albert Kintzing Post and Caroline de Trobriand Post was born in New York, as was his elder brother Waldron, at the residence of his great grandfather Waldron Blaau Post, with whom his parents were living.

His early education was similar to his older brother, but he continued his education at New York University where he studied law. Regis Henri felt drawn to politics and was elected member of the State Assembly from the Second District (Republican) on November 8, 1898, and reelected to a second term.

In February 1903 President Roosevelt appointed him Auditor of Puerto Rico. The following year he was appointed Secretary of Puerto Rico and served in the Governorship in the Governor's absence. In commenting on this, the New York Tribute [August 11, 1904] said, "Regis H. Post, who was appointed Secretary of Puerto Rico today called at the White House to say goodbye to the President before he left for the island. Mr. Post has been promoted from the auditor-ship of the island. He is a young man of wealth who has gone into public life for the sake of 'doing something' and has made a fine record."

The day Regis was called to the White House for lunch with President Roosevelt, the other guests were Secretary Taft (War), Secretary Shaw (Treasury), Postmaster General Payne, and ex-Secretary of the Navy Moody, now Attorney General.

Regis Post was appointed Governor of Puerto Rico on March 5, 1907. At the time of the Great War in Europe, he sailed to Paris to offer his automobile and himself as chauffeur to the American Ambulance at Neuilly, France. On December 7th he sailed for Italy as an American Red Cross member.

Regis Henri Post married Caroline Beatrice Post, his distant cousin, daughter of Henry Albertson Van Zo Post. The couple had one child, a son, Regis Henri Post, Jr. born February 17, 1897, in Bayport. He and his wife were divorced in California in 1922 where Mrs. Post and their son had made their home. Mr. Post was remarried in 1933 to Marguerite Denis deLeGarde. #

[Series to be continued next month]

The fear of death follows from the fear of life. A man who lives fully is prepared to die at any time.

-- Mark Twain

A fact of life we all die. But the positive impact you have on others will be a living legacy.

– Catherine Pulsifer

Great beauty, great strength and great riches are really and truly of no great use; a right heart exceeds all.

--Benjamin Franklin

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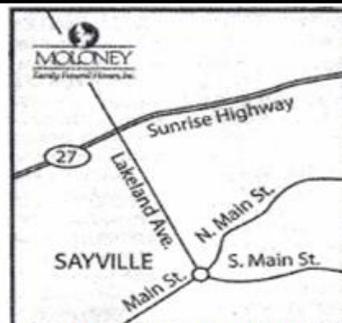
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+Christian Symbol+



Shell

A scallop shell, pointing downward with three drops of water falling from it, is often used to symbolize baptism and the washing away of sin. The three water droplets stand for the Trinity: Father, Son, Holy Spirit.

AROUND SAINT ANN'S Monthly Schedule

*See Correspondent pages and Bulletin for changes/cancellations.
Check out the website at
www.saint-anns.org*

Sundays

8:00 AM—Holy Eucharist
10:00 AM—Holy Eucharist
7:30 PM—AA Meeting

Mondays

7:00 PM—EfM—January 4
7:00 PM—Vestry Meeting—January 11
8:00 PM—AA Meeting

Tuesdays

8:00 AM—Men's Group
9:00 AM—Holy Eucharist
6:00 PM—Children's Choir Rehearsal
7:00 PM—Adult Choir Rehearsal

Wednesdays

7:00 PM—Youth Group

Thursdays

10:00 AM—AA Meeting
1:30-2:30 PM—Yoga Class
8:00 PM—AA Meeting

Friday

Saturday

5:00 PM—Holy Eucharist

ST. BARNABAS' BUDDIES

Whether you need help or can give help, call Gerry Hoek at 631-868-7278 for further information.

- (1) Prepare a meal for someone recovering from a recent illness or fall.
- (2) Drive someone to a doctor's appointment and bring them home.
- (3) Bring someone to church (perhaps once a month) if they are unable to drive.
- (4) Make a phone call to someone homebound just to let them know they are not forgotten.



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The Correspondent

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