



The Correspondent

Monthly Newsletter of Saint Ann's Episcopal Church, Sayville, New York

Volume XXII
Issue 10

November 2015

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WEEKEND SERVICES

Saturday 5:00 PM – Holy Eucharist–Rite II
(No Saturday service November 14)
 Sunday 8:00 AM – Holy Eucharist–Rite II
 Sunday 10:00 AM – Holy Eucharist–Rite II

WEEKDAY SERVICES IN THE CHAPEL

Tuesday
 9:00 AM Holy Eucharist

SPECIAL UPCOMING EVENTS

- Nov. 1—All Saints' Day
- Nov. 7—Christmas Fair
- Nov. 11—Veterans' Day
- Nov. 13-14—Diocesan Convention
- Nov. 26—Thanksgiving Day
- Nov. 29—First Sunday of Advent

MISSION STATEMENT

Our mission is to spread the gospel of Christ in thought, word, and deed to our community and the world.

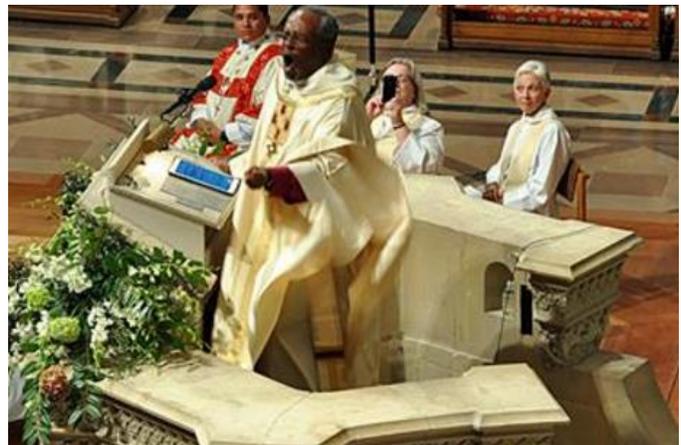


ALL SAINTS' DAY

Bishop Michael Curry installed as 27th Presiding Bishop of the Episcopal Church at the Washington Cathedral



"...if it's not about Love, it's not about God!"



You can listen to Bishop Curry's entire sermon and read more about the installation on St. Ann's Facebook page.
<https://www.facebook.com/St-Anns-Episcopal-Church-Sayville-NY-180917698610856/?fref=ts>

FROM THE EDITOR

This Thanksgiving I am grateful for two lovely weeks in October when I was aboard a Royal Caribbean cruise ship where I was fed, entertained, and carried around to fascinating foreign ports. The employees on the ship hailed from 47 different nations, and the passengers were pretty diverse too, coming from the US, the UK, Australia, Asia, the Caribbean Islands, and various far flung places. It was an amazing experience, and much was made about how so many different people with different languages, different religions, and different looks could get along so well together. We even sang “We Are the World” at one gathering. Unfortunately for the brotherhood of humankind, the world is not like our cruise ship. On cruise ships there is no unemployment or homelessness. Everyone is well fed! While we sometimes hear of bad weather or diseases ruining cruises, mostly a cruise is a happy bubble away from the mundane annoyances of daily life. So, it is not really how people look, or what religion they follow that keeps us apart. It is essentially a difference of those who “have” and those who “have not.” If abundance is shared and there is quality of life for everyone, I expect it would be a lot easier for all of the various peoples of the world to get along!

Of course, this does not mean I’ll never take another cruise! I am most grateful to have the opportunity to enjoy an exciting vacation, and it’s a wonderful thing to have a lot of happy people all together, enjoying the beauty of the world—celebrating the differences and buying souvenirs to remember them by! I merely mean that I am not taking this for granted. You have to be good to yourself when you can. I am thankful for the blessings I have in my life.

Gratitude for what we have is important. It turns what we have into enough, and more. It turns denial into acceptance. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow where everyone will have enough, and we’ll all get along where we are. – **Rodney Dudley**

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2015 Saint Ann’s Episcopal Church

December Deadline
Thursday, November 19

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 COME TO VOLUNTEER



THE RECTOR'S CORNER



How Do I Pray?

Dear Parish Family,

I think the questions I get asked most often have to do with private or personal prayer. Is there a right way and a wrong way to pray; does God answer our prayers; should a certain posture be used for prayer? I am always intrigued with these questions, because it seems to make prayer much more difficult than it really is.

So, let me just share some thoughts on these questions with you. *Is there a right way and a wrong way to pray?* No, there is no right or wrong way to pray, God hears all our prayers regardless of how we say them. Private prayer is really about a personal conversation with God. And it is most effective when we are our authentic selves with God; which means praying like we are talking with a friend. When we greet a friend we aren't formal and stuffy with our language, and we shouldn't be that way with God either. God wants to be as close to us as the next breath we draw, and we should be comfortable enough with God in our prayer life to be conversational in our prayer life. For example, I frequently tell God on these beautiful fall mornings, "God you really outdid yourself today!"

Does God always answer our prayers? Yes, God does answer our prayers, but I feel I need to add the caveat here, that our prayers are answered in God's time--not ours--AND sometimes God's answer to our prayer request is no, when we want a yes! Or sometimes we are praying for God's help in something, and we think God is not listening; when in fact God has not only been listening, God has been sending legends of angels to help us, but we don't recognize God's presence in them.

Do you have to assume a certain posture when you pray? No, you do not have to assume a certain posture when praying – God's not so much interested in posture as God is interested in conversation. So, just get comfortable, settle yourself, be yourself and have an intimate conversation with the God who created you and loves you beyond your wildest understanding.

Blessings,

Mother Diane+

Experiencing Gratitude

To be grateful is to recognize the love of God in everything he has given us — and he has given us everything. Every breath we draw is a gift of his love. Every moment of existence is a grace, for it brings with it immense graces from him.

Gratitude, therefore, takes nothing for granted, is never unresponsive, is constantly awakening to new wonder and to praise of the goodness of God; for the grateful person knows that God is good not by hearsay but by experience, and that is what makes all the difference. —Thomas Merton

Vestry Visions

It's hard to believe that the long, hot days of summer are now behind us. The days are becoming shorter, and there is a cool crispness to the air. Autumn has arrived and brought with it a dazzling show of colors, not to mention an abundance of tasty apples and fall festivals for us to enjoy. This is the time that we can sit back and slow down and think about the many blessings we have. One particular one I revisit many times is the blessing of St. Ann's Church in my life. We have a dedicated, talented and caring staff to run the spiritual and business needs of the church. We also have a wonderful, loving and caring family of parishioners who bring the presence of Christ not only to each other but to the surrounding community as well. This has amazed me since coming to St. Ann's and encouraged me to become more involved, not only with my time but financially as well. God has blessed me in so many ways that I feel the desire to give back.

St. Ann's Stewardship Program is now upon us and what a great way to say thank you to God and our church for the gifts that we have. We all have been asked, "Will you grow with us this year?" I hope we all can answer yes. It will be great to see the different ministries continue here at St. Ann's such as parish outreach, the food pantry and Christian Education, to name a few. Our pledges will continue to make St. Ann's grow and be able to serve all parishioners as well as the greater community. What a great gift to leave to the future of our church.

The Christmas Fair is quickly approaching again. This year it has been combined into one day. All are encouraged to come and be part of this wonderful tradition of our parish. There will be plenty of baskets to raffle off, a delicious lunch to enjoy and fellowship. What a great way to come together and support our church and each other before the rush of the holiday season takes hold. Also approaching quickly is the Christmas tree sale. I can almost smell the scent of pine in the air! It is always a huge success for our parish. Again, this is another wonderful example of us coming together giving of our time to serve the needs of our church.

As generations of parishioners come and go, we all have the responsibility to do our part in making St. Ann's spiritually and financially strong so it can continue to serve God's people for many years to come. What can be better than to give to our church and put a smile on the face of God!!

In God's Peace,

John O'Neil for the Vestry

	Wardens:		2016 Nancy Koinoglou	2017 Ernest DeWitt
	Vestry:	2016 Jackie Gandolfo	Jill Hughes	
		Christie Strecker	Constance Currie	
		2017 Donald Hester	Diane Miller-Magnani	
		Thomas Honey	John O'Neil	
		2018 Helen Houdek	Carol Ann St. Lawrence	
		Wendy Schmittzeh	John Smith	



St. Ann's Episcopal Church
Christmas Fair



Saturday, November 7th

10:00 AM to 4:00 PM

Bring the Whole Family! Face Painting and Crafts for Kids

Basket Auction

Buy tickets from 10:00 to 1:00--winning tickets picked at 1:00 PM.

Shop

for jewelry, toys, holiday items, "this & that" and baked goodies.

Raffle

Buy your chances for outstanding prizes ahead of time or at the fair.

Winners chosen at 3:00 PM.

Food

Delicious food will be sold. Plan on having lunch!



WATCH FOR THE GIVING TREE

Get in the giving spirit!

The Giving Tree will be in full bloom in the Parish Hall right after the Christmas Fair.

Give help for those in need.

All details will be posted next to the Giving Tree.

Thank you in advance for your Spirit of Giving! --Jackie Gandolfo



ASSOCIATE'S COLUMN

Father Jae Chung



Thanksgiving Day in the BCP?

There are many secrets in the Book of Common Prayer. Thanksgiving Day may be one of them. It is not well known that Thanksgiving Day is a major “holy” day in the Episcopal Church according to the Prayer Book calendar of the church year. Please open your Book of Common Prayer and turn to page 17. Then you can find “Thanksgiving Day” as one of *Other Major Feasts* under “Holy Days” category. (You can even find Independence Day there!) In this section, there are Saint Mary the Virgin, Saint Michael and All Angels, All feasts of Apostles and so on. Thus, the Episcopal Church celebrates two National Days as “holy” days in our Prayer Book as you find on p. 17 and p. 33.

Moreover, we also have a special prayer for Thanksgiving Day in BCP. On p.836, you can find *A Litany of Thanksgiving*. It explains, “For optional use on Thanksgiving Day, in place of the Prayers of the People at the Eucharist...” If you hear a different form of the Prayers of the People in a Thanksgiving Day service, this Litany may be said. This prayer is for giving thanks to God for the Fruits of the Earth, and all the other Blessings of his merciful Providence.

Here is a Litany of Thanksgiving. I hope this prayer helps you to prepare Thanksgiving Day not only as a national holiday but also as one of the most thankful and major “holy” days; let us give thanks to God our Father for all his gifts so freely bestowed upon us.

For the beauty and wonder of your creation, in earth and sky and sea.
We thank you, Lord.

For all that is gracious in the lives of men and women, revealing the image of Christ,
We thank you, Lord.

For our daily food and drink, our homes and families, and our friends,
We thank you, Lord.

For minds to think, and hearts to love, and hands to serve,
We thank you, Lord.

For health and strength to work, and leisure to rest and play,
We thank you, Lord.

For the brave and courageous, who are patient in suffering and faithful in adversity,
We thank you, Lord.

For all valiant seekers after truth, liberty, and justice,
We thank you, Lord.

For the communion of saints, in all times and places,
We thank you, Lord.

Above all, we give you thanks for the great mercies and promises given to us in Christ Jesus our Lord;
To him be praise and glory, with you, O Father, and the Holy Spirit, now and forever. Amen.

In God's peace, *Jae+*

Thanksgiving Food Baskets

Thanksgiving is quickly approaching and together as a community we would like to gather a cornucopia, to share with our neighbors in need. "Our Daily Bread" St. Ann's food pantry will be coordinating the effort to distribute food baskets for Thanksgiving.

As we give thanks for our many blessings please don't forget those who struggle to feed their families. We will again use a Giving Tree/Turkey to collect food donations. Please choose items from the Giving Turkey (located in the parish hall) and return item, to church. Please leave Thanksgiving donations in basket--NOT the red wagon. Sign-up sheet also in the Parish Hall.

**We need all non-perishable donations by Sunday, November 15th
turkeys by Sunday, November 22nd**
(if you are going to purchase a turkey, please
leave your name & phone # on sign-up sheet).

Other ways to help:

- Help shop for groceries-week of Nov. 15th
- Donation toward food purchase
- Adopt-a-Basket \$50 donation
- Assemble baskets, November 22nd



If you can lend a hand or know somebody who can use a hand, please **contact the church office @ 589-6522 or Lynette Schulz @ 472-2235 by Nov 8th.**

Happy Thanksgiving

Thank you.



I'm grateful for ...

In November 2014, many Facebook users accepted a gratitude challenge, posting what they were most thankful for. An anonymous analysis of the posts revealed the top answers: friends (not surprisingly, for a social-media site), family and health.

State-by-state results garnered the most interest, though. Arizona residents were most thankful for the rain, for example, while Hawaiians gave thanks for rainbows. People in the Northeast were grateful for living near the beach, while those in the Bible belt expressed gratitude for mercy, salvation and God's Word.

Top thankfulness topics in other states ranged from YouTube and country music to "upbringing" and in-laws. What are you most thankful for, and why? How has that answer changed throughout your life?

The Christmas Trees Are Coming!

SET UP NOV. 14TH: This is a ministry that everyone can be involved in. It's our biggest fund raiser of the year and is fun to participate in. But to be successful we need a lot of help. On Nov. 14th @ 9:00 AM come on down to help set up the tree yard (rain date Nov.21st.).

UNLOAD NOV. 28TH: Then on Nov. 28th @ 7:00 AM we need lots of help to unload 800 trees from the tractor trailer. Even children can help with the small trees. At 9:00 AM that same day we start selling trees.

SIGN UP TO SELL: Please consider signing up for a shift or two to help with the sales. We will have an on line signup sheet @Signup Genius. The link will be e-mailed to everyone, or find it on our Facebook page or the church's website. We will also have a signup chart in the Parish Hall.

BREAK DOWN/CLEAN UP DEC. 19TH: After all the trees are gone, there is still work to do. On Dec. 19th @ 9:00 AM we will be breaking down and cleaning up the tree yard, so please come on down and help out then.

ANY QUESTIONS: please call Tom Honey @ 646-208-8370. Thanks for your support.

The St. Ann's Christmas Tree Committee



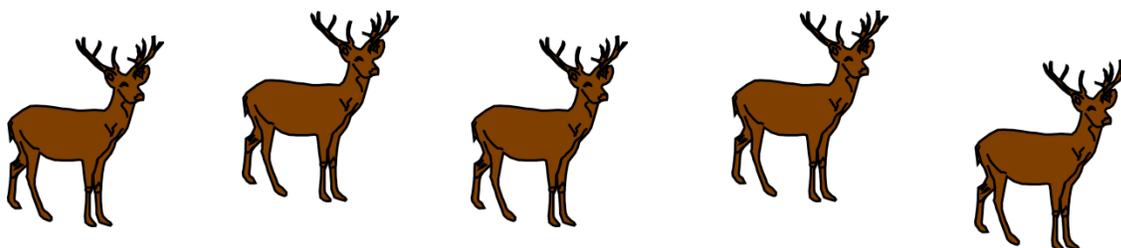
CAROLING BY THE TREES



Joy to the World!

November 28th is a big day! Once again the Great Lawn will be filled with Christmas trees. We'd like to celebrate by gathering folks from St. Ann's together—bring some friends too!--by the trees for some hot chocolate and carol singing in the evening. Watch for details! -

-Jackie Gandolfo



VIEW FROM BEHIND THE POLE



COME CAROL WITH US! SATURDAY, NOV. 28TH

The Sayville Chamber of Commerce has invited us once again to carol Dickens-style — two days after Thanksgiving, and on the day of *Miracle on Main Street*. We would be a sort of herald of things to come, as most of the events are in the evening, and our caroling will be from 12:00 Noon to 2:00 PM. Dressed in costume, we will stroll around downtown Sayville and serenade the shopkeepers who will be putting their displays in order for the evening festivities. Everyone is welcome. Help us to put Sayville in the Christmas mood! Contact Kathy at the church office.



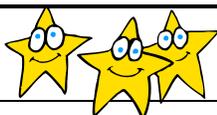
The choir will sing at the traditional 10:00 AM service on the morning of Thanksgiving Day, **November 26**. We hope to see you—and perhaps some family visitors as well!

LESSONS & CAROLS

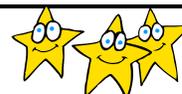
SAVE THE DATE!

Sunday, December 6 at 3:00 PM

We hope you will join us for the annual *Advent Service of Lessons and Carols*. A highlight of the Choir's singing year, this traditional service should be on your list of holiday plans. The service will be followed by a festive reception in the Parish Hall.



STAR SEARCH 2015!



A great time was had by all who attended Star Search 2015. As our "stars" arrived, we began our party with the many delicious desserts everyone so graciously provided.

Our many talented participants included singers Lauren Waters, Laura Sanchez and Sonja Greves. Pianists were Ian Chung and Kristen Greves. Our dancers were Miranda Waters and Charlotte Hlavac-Maass. Jenna Jacques signed *The Lord's Prayer*, and our instrumentalists were Rick Magnani on sax and Robert Honey on baritone (who had us up for the seventh inning stretch doing the "twist"). Closing the night was Mary Mattarella-Heironymi performing a song and dance.



I will not keep you in suspense any longer. The talent was incredible. The winners were chosen by applause. Three winners were chosen this year for our "Star Search Golden Pickle/Trophy Award":

Robert Honey, Baritone * Ian Chung, Piano * Sonja Greves, Vocal

Thank you to all who participated and thank you to everyone who came out and cheered them on!

--Kathy Senese

Need Another Reason to Join the Choir?

Consider this: Neuroscientists in Sweden discovered that singers' heartbeats tend to synchronize, which leads to a sense of emotional calm and bonding.

"Joint action leads to joint perspectives," write the researchers. "In other words, singers may change their egocentric perspective of the world to a 'we-perspective,' which causes them to perceive the world from the same point of view."

So start singing — and enjoy the many benefits and blessings of being part of a choir!



The Episcopal Diocese of Long Island

Brooklyn Queens Nassau Suffolk

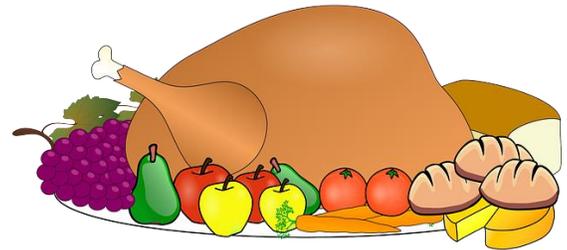
The 149th Diocesan Convention will meet Friday and Saturday, November 13-14, 2015 at the Melville Marriott Long Island, Melville, NY. Clergy and representatives from all diocesan churches will meet in Melville. Mother Diane, Father Jae, our lay representatives Laura Sanchez, Connie Currie, and John O'Neil, and our Youth Delegates Alex Reksten and Eric Gustafson will attend from St. Ann's.

Please note, that since all clergy will be in attendance, there will be no Saturday service at 5:00 PM on November 14th.

Thanksgiving Prayer

Author and radio host Garrison Keillor put a unique spin on expressing gratitude for special meals. He painted the following table prayer on his dining-room wall, encouraging guests to sing it together before eating:

*O Lord, we thank Thee for this food,
For every blessing, every good.
For earthly sustenance and love
Bestowed on us from heaven above.
Be present at our table, Lord.
Be here and everywhere adored.
Thy children bless and grant that we
May feast in paradise with Thee.*



"It's inspiring to hear 15 people find harmony around the Thanksgiving table," Keillor writes. Singing together "sets a tone. No crying in the cranberries. ... There is much to be grateful for."

Give the Gift of Life This Holiday Season!

SAINT ANN'S 3rd ANNUAL BLOOD DRIVE

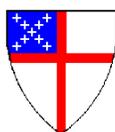
For the third year, Saint Ann's, in conjunction with the LI Blood Services, will be holding a blood drive on **Wednesday, January 20, 2016**, between 2:00 PM and 8:00 PM in the Parish Hall.

Any person, ages 16-75, weighing at least 110 pounds, who is in good health and who has not donated blood in the past six weeks, is eligible to give blood. Sixteen-year olds must have an official Blood Drive Permission slip signed by a parent. Adults over the age of 76 must have a note from their physician that they are able to donate blood.

All donors must provide photo ID.

Keep an eye out for further information to follow. We will be scheduling appointments in December.





NOTES

HANDICAP RAMP UPDATE

The road to the starting of the handicap ramp seems to be a long and winding road. We do have the approval/permit from the DEC, and now we are awaiting the approval/permit from the Town of Islip in order to begin construction. That should be coming in the next few weeks, as they are really backlogged in the town offices with requests such as ours.

However, with the approvals coming so late in the year, that will put us into winter and unpredictable weather. So, we will be waiting until the spring to begin work on the new handicap ramp, and with approvals and permits in place we will begin work as soon as the spring weather allows! **-Mother Diane+**

UNITED THANK OFFERING

Thanks to all who contributed to the 2015 UTO appeal. This is an ongoing event so your offering may be returned all through the year. **-Ellen Stoll**



OUR DAILY BREAD

Monday & Thursday, from 10:00 AM -12:00 Noon

This month we would especially appreciate donations of the following items:



Restock the SHELVES

Canned Meats * Tuna * Chili * Juice * Shelf Stable Milk * Toilet Paper * Paper Towels * Bread

Of course, cash donations allow us to buy whatever is needed!

GIVING RECOGNITION TREE



A reminder: When you want to give a donation to St. Ann's to honor loved ones--living or deceased, your gift of \$500 may be acknowledged on a leaf on our Giving Recognition Tree in the Chapel lobby. Other options for larger donations are available. Contact the Church office for further information.



**YOGA 1:30 PM every Thursday
in the Parish Hall**



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IF YOU HAVE ANY QUESTIONS OR COMMENTS REGARDING THE BIRTHDAYS AND ANNIVERSARIES LIST, PLEASE CONTACT THE CHURCH OFFICE AT 631-589-6522.



WEDDING ANNIVERSARIES

4	Nicholas & Jean Arena	22	Joseph & Florence Chase	27	John & Lynette Schulz
17	Joseph & Rachel Ferzola		David & Jacqueline Gandolfo	28	Michael & Jeneane Patrovich
20	Paul & Christine Weeks	25	Shawn & Kara Felton		

BIRTHDAYS

1	Tyler Johnson	6	Darrell Lichtenberger	15	Muriel Herold	21	Patricia Romeo
	David Tampellini		Bo Messina	16	Leah DaSilva	22	Rebecca Carter
2	Benjamin Richards	7	Stephen Vander Borgh		Ann Hofbauer-DeRosa		William Hamilton
3	Frederick Herold		Kyle Wilson	17	Barbara Stahlberg	24	Jeremy Brett
	Michael Rascona		Annemarie Zanchelli	18	Florence Hiscock		Kenneth Herbert
	Lucian Hagenlocher	8	Don Baker	19	Joseph Dowling		Tim Laffin
4	Charlotte Hlavac-Maas		Paddy Price-Hennessey		Tabitha Richards	27	Susan Knoepffler
	Isabella MacKenzie	11	Joseph Nasta		Zachary Schulz		Marjorie Rogers
	Joseph Vander Borgh	12	Samantha Burke	20	Johanna Abrams	28	Cara Clark
5	Mary Clark		Pat Colson		James McLeer		Kenneth Miller
	Kathleen Krakaur		William Streek		Kathleen Vazquez	29	Cathy Baker
	Eamon Rockwood	14	Noah Carter	21	Michael Hlavac		Dennis Messina
							Kristine Prass

These names are offered each month as an opportunity to extend to our brothers and sisters the love of Christ on these special days and to express our thanks for the gift of their presence in our midst. They are also offered as an opportunity to pray for each one of these individuals and couples on these significant days in their lives. Prayers will be offered at worship for each listed above on the Sunday of the week of their birthday and/or anniversary, and also at the 9:00 a.m. Morning Mass on their specific day.

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Transformations

Gratitude can transform common days into thanksgivings, turn routine jobs into joy and change ordinary opportunities into blessings.

—William Arthur Ward

Our Church History



By Connie Currie

❖ The Garden of the Unforgotten ❖

ALFRED KINTZING POST
B Jan 5, 1843 – D July 5, 1872
Section 31 – Lots 1-2-3

THE POST FAMILY – A SERIES

Stepping up to Alfred Kintzing Post's tomb in section 31, lots 1, 2, and 3, one will see it is so different from the other grave markers, and it takes one into another country and time. How fitting an introduction to this unique family. The Post family heritage goes back to Europe, where they have branches in Saxony, Alsace, Holland, Sweden and other parts of Scandinavia, Austria, and England. Delving back into their archives, we come up with barons, knights, and all those good things from medieval times.

Following the family to our shores introduces us to William Rogers Post who served for twelve years as Supervisor of Southampton, a man of sterling character whose elder son, James H. Post, gave his life in the Civil War in 1861. William J. Post was Southampton Town Clerk through 1888. Albert Jessup was President of the Village of Southampton. The Honorable Erastus Foster Post of Quogue was a civil engineer, a Republican representative of the First District of Suffolk County in the Assembly at Albany, a Director of the Southampton Bank since its organization in 1888, and a Trustee of the Sag Harbor Savings Bank.

Then there was James Howell Post, a member of the firm of B. H. Howell Son & Co., New York. He was President of the National Sugar Refining Company, a member of the New York Chamber of Commerce, Director of the City Bank, and various other corporations. Now we come to our Posts, and what an interesting family of accomplishers they were!

ALBERT KINTZING POST

Albert's father died in 1845, after which his mother remarried Count Armand de Ma Carty. Ma Carty's business interests were in Matanzas, Cuba, and that was where they lived.

As soon as he was old enough for school, Albert went to the school of Mr. Calthrop at Bridgeport, CT. In 1859 he entered Harvard College, where he took an active part in all the school social events and traditions. He particularly liked the Hasty Pudding Club. His name appeared on several playbills of the Pudding theatricals. In 1862—he was 19 and in his junior year—he went to war as a second lieutenant in the 45th Regiment of the Massachusetts Volunteers, which was raised in response to the call for nine month's men. The regiment served in North Carolina, taking part in the battles of Kinston and Goldsboro and some lesser operations about New Berne, where it was stationed most of the time.

His army career over, he returned to Harvard and got his AB degree. Art and Literature were his loves, and if he had not died so early in life, he might have pursued them. Albert Kintzing Post met Caroline Denis de Keredem de Trobriand, daughter of General Comte de Trobriand, US Army. The Trobriands belonged to the old nobility of Brittany, France. Theirs was an illustrious military history. Albert and Caroline were married in 1866 at Trinity Chapel, New York, and in their six years of marriage welcomed three children: Lina Beatrice, Waldron Kintzing, and Regis Henri Post.

On July 5, 1872, at Westhampton, Long Island, Albert Kintzing Post was bathing in the surf when a young boy, carried off in an undertow, called for help. Albert swam to the rescue, but his efforts failed and both were drowned.# [Series to be continued next month]

Compassionate, Personal Care for All

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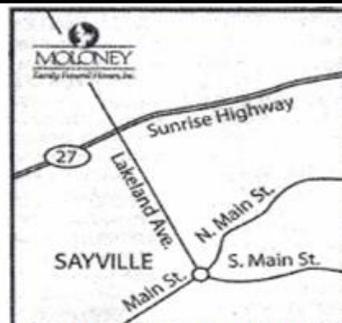
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NOVEMBER 11



**AROUND SAINT ANN'S
Monthly Schedule**

*See Correspondent pages and Bulletin for changes/cancellations.
Check out the website at
www.saint-anns.org*

Sundays

8:00 AM—Holy Eucharist
10:00 AM—Holy Eucharist
7:30 PM—AA Meeting

Mondays

7:00 PM—EfM—November 2
7:00 PM—Vestry Meeting—November 9
8:00 PM—AA Meeting

Tuesdays

8:00 AM—Men's Group
9:00 AM—Holy Eucharist
6:00 PM—Children's Choir Rehearsal
7:00 PM—Adult Choir Rehearsal

Wednesdays

7:00 PM—Youth Group

Thursdays

10:00 AM—AA Meeting
1:30-2:30 PM—Yoga Class
8:00 PM—AA Meeting

Friday

Saturday

5:00 PM—Holy Eucharist

ST. BARNABAS' BUDDIES

Whether you need help or can give help, call Gerry Hoek at 631-868-7278 for further information.

- (1) Prepare a meal for someone recovering from a recent illness or fall.
- (2) Drive someone to a doctor's appointment and bring them home.
- (3) Bring someone to church (perhaps once a month) if they are unable to drive.
- (4) Make a phone call to someone homebound just to let them know they are not forgotten.



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