



# The Correspondent

Monthly Newsletter of Saint Ann's Episcopal Church, Sayville, New York

Volume XXII  
Issue 3

March 2015

## INSIDE THIS ISSUE

Editorial Page	-----	2
Rector's Corner	-----	3
Vestry Visions	-----	4
Associate's Column	-----	6
Behind the Pole	-----	9
Notes	-----	11
Anniversaries/Birthdays	-----	12
Garden of the Unforgotten	-----	13
Calendar	-----	15

## WEEKEND SERVICES

Saturday 5:00 PM – Holy Eucharist–Rite II  
 Sunday 8:00 AM – Holy Eucharist–Rite II  
 Sunday 10:00 AM – Holy Eucharist–Rite II  
 Sunday 11:30 AM – Holy Eucharist–Rite I

## WEEKDAY SERVICES IN THE CHAPEL

Tuesday  
 9:00 AM Holy Eucharist  
Wednesday  
 12:00 Noon Holy Eucharist

## SPECIAL UPCOMING EVENTS

Mar. 1—Second Sunday in Lent  
 Mar. 8—Third Sunday in Lent  
 Mar. 15—Fourth Sunday in Lent  
 Mar. 22—Fifth Sunday in Lent  
 Mar. 29---Palm Sunday  
 Mar. 29-Apr. 4—Holy Week  
 Apr. 5—Easter Sunday

## MISSION STATEMENT

Our mission is to spread the gospel of Christ in thought, word, and deed to our community and the world.



## 2015 Holy Week Schedule

### Palm Sunday – March 28 & March 29, 2014

(Palms will be distributed at all services)



5:00 PM (Saturday): Holy Eucharist  
 8:00 AM: Holy Eucharist Rite II with Choir  
 10:00 AM: Holy Eucharist Rite II with Choir  
 11:30 AM: Holy Eucharist Rite I

### Monday – March 30, 2015

7:00 PM: The Stations of the Cross with Compline

### Tuesday – March 31, 2015

9:00 AM: Holy Eucharist in the Chapel

### Wednesday – April 1, 2015

12:00 NOON: Holy Eucharist in the Chapel

### Maundy Thursday – April 2, 2015

7:00 PM Maundy Thursday Liturgy: The Foot Washing,  
 The Holy Eucharist, Stripping of the Altar  
 9:00 PM – 8:00 AM Overnight Vigil at the Altar of Repose in the  
 Chapel

### Good Friday – April 3, 2015

12:00 NOON – The Stations of the Cross in the Cemetery  
 6:00 PM- Confessions will be heard in the Chapel  
 7:00 PM: Good Friday Liturgy in the Church



### Holy Saturday – April 4, 2015

9:00 AM: Holy Saturday Liturgy in the Chapel  
 7:00 PM: The Great Vigil of Easter

### Easter Day: The Resurrection of Our Lord: April 5, 2015

8:00 AM: Holy Eucharist Rite II with Choir  
 10:00 AM: Holy Eucharist Rite II with Choir  
 11:30 AM: Holy Eucharist Rite I with Choir



## FROM THE EDITOR

**God commands us to “remember the Sabbath day by keeping it holy” (Exodus 20:8, NIV). This is meant as a blessing, not a burden. So welcome to worship, to rest and to celebration!**

One of the questions in a recent *Saturday Newsday* column on faith, was "Why is a designated Sabbath Day necessary?" There are several answers to that, but the main one that clergy from several different faiths—Christian, Jewish, and Muslim--emphasized is that members of the faith need to gather in community for religion to work.

Hundreds of years ago, St. Benedict added “stability” to monks’ vows of poverty, chastity and obedience. He was convinced that anyone wanting to grow in Christ must learn to be part of a community. It is, of course, harder to live out Christ’s love among people who sometimes annoy us than in isolation. But if love is practiced, and no one’s around to experience it, is it really love?

In *Living the Lord’s Prayer* (Bethany House), David Timms writes: “[Benedict] knew very well that grace could only flourish when it encountered offense; forgiveness requires conflict; healing emerges from hurt; and strength arises from struggle. Thus, the pathway to true spiritual formation demands long-term engagement with others in community.”

When life together gets difficult, we do ourselves no favors by “picking up our toys and leaving”; we’ll just encounter new difficulties elsewhere. Rather, by working things out in Christ-like love, we grow as followers of Jesus and members of his body.\*

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### *The Correspondent*

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2014 Saint Ann’s Episcopal Church

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**April Deadline**  
**Thursday, March 19**

### Saint Ann’s Staff

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\*Information in this article is from *The Newsletter Newsletter*, as are many other articles in *The Correspondent*.



# THE RECTOR'S CORNER



## HOLY WEEK

Dear Parish Family,

Every year at this time, I write to tell you about the sacredness of Holy Week and the importance of your participation in these services. This year will be no different.

The three services of Holy Week, Maundy Thursday, Good Friday and the Easter Vigil are called the *Triduum* (Latin for three days) and are considered to be one service broken into three parts; culminating with the joyful service of Easter and the celebration of Christ's resurrection from the dead. Each service serves a specific purpose.

**Maundy Thursday**, derives its name from the Latin *mandatum*, the first word of the phrase "*Mandatum novum do vobis ut diligatis invicem sicut dilexi vos*" (A **new commandment** I give unto you, that you love one another as I have loved you). This day also commemorates the institution of the Holy Eucharist. At the end of this service, the altar is stripped, the reserve sacrament is taken from the tabernacle, the sanctuary candle (announcing the presence of Christ in the reserve sacrament) is extinguished and all other signs of His presence are removed from the church, as we prepare for His death on the Cross. There is no blessing or dismissal, and the people depart in darkness as we begin our walk with Christ to Calvary.

**Good Friday** commemorates the arrest, crucifixion and death of Christ on the Cross, which scripturally occurred between 12 noon -3:00 p.m. We will do the Stations of the Cross at noon in the cemetery and the Good Friday liturgy will be held at 7:00 in the evening.

There is one alteration being made to this service beginning this year. The rubrics (*the italicized words*) in the Book of Common Prayer for this service offer the option of having communion from the reserve sacrament, or not having communion; either way being acceptable. In the past we have had communion from the reserve sacrament; however this year we will omit communion from the Good Friday service. The theological explanation is, we stripped the altar of His presence on Maundy Thursday night, Christ has died on Good Friday and is no longer among us. To go without the sacrament on the day of His death is to remind us of His absence in our lives; and it will give greater joy to receiving the sacrament on the day of His resurrection.

**The Great Vigil of Easter** is the first service of Easter. In it we celebrate the resurrection of Christ and his defeat over death. It is also one of the oldest liturgies in Christendom. Our Vigil will be held at 7:00 PM on Saturday evening. On Sunday morning, we will also have three Easter Day services at 8:00, 10:00 and 11:30 AM, all with music and choir.

I implore you to participate in *Triduum* of Holy Week. The power and glory of Easter is more profoundly felt when you have walked with Christ through the agony of Holy Week. I look forward to taking that walk with each of you.

Blessings,

*Mother Diane+*

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# Vestry Visions

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I can't believe that it's been one year since I've had the honor to serve St. Ann's as a member of your Vestry. It seems like yesterday that I received the "calling" to be considered as a Vestry member, well more of a telephone call, and if it was God doing the calling he sounds a lot like Ernie DeWitt. As a Vestry member you soon come to the realization that for the church to attain the goals set forth in its Mission Statement, "Our mission is to spread the gospel of Christ in thought, word and deed to our community and the world," it takes a lot of time, effort, money, and spiritual fortitude by a group of dedicated individuals. Luckily at St. Ann's we are blessed with wonderful clergy, a hard working Vestry, and a growing, supportive congregation that is willing to volunteer in any way they can.

At our February Vestry meeting we were happy to welcome new members Wendy Schmittzeh, Helen Houdek, Carol Ann St. Lawrence (who "retired" as Clerk of the Vestry), and John Smith, who is actually a former Vestry member who obviously missed all the excitement and had to return after a few years' hiatus. We also thanked Connie Currie who volunteered to stay on for one more year to fill an unexpired term. Also welcomed was our new Clerk of the Vestry Karen McGorty, who has the unenviable task of making an official record of all our meetings, although I'm sure Karen quickly realized that when in doubt just write "a motion was made by Don Hester."

Some of the issues discussed at the meeting included the problem with adequate snow removal at all our properties, the need for an improved handicap ramp for the church entrance, and the project to install French drains in the church parking lot which is needed to alleviate the problem with pooling water when it rains. Also discussed was the project to have generators installed at the church, rectory and Littlejohn buildings.

Mother Diane also informed us that she was notified by the Diocese that Assisting Bishop Chilton Knudsen will be coming to St. Ann's on June 21<sup>st</sup> and presiding at the 10:00 AM service which will include Confirmation. Normally a Bishop's visit is once every three years, yet with Bishop Provenzano visiting last year, that's two visits in two years. We must be blessed!

Another topic of discussion was what is known as the "Parochial Report", which is a report that must be submitted to the Diocese annually and is basically a status report that includes the church's finances, membership, baptisms, confirmations, etc. The one point in the report that stood out the most was the fact that our congregation grew by 114 members in 2014! This is a testament to our clergy and to many of our "veteran" church members, who--just as my family experienced when we first came to St. Ann's--are warm and welcoming to all who pass through our doors.

Please don't hesitate to contact me or any of the Vestry members if you have comments, suggestions or ideas about any issue regarding St. Ann's. Also if you are interested in volunteering for any of our ministries please reach out to us. We are your Vestry and are always happy to hear from you.

Wishing God's best for you,

*Tom Honey* for the Vestry

## CONTINUING LENTEN STUDY OPPORTUNITIES

### Tuesday mornings in Lent –Bible Study on St. Paul's Letters to the Philippians / Littlejohn 9:45 -10:45 AM – Fr. John Jeffrey / March 3, 10, 17, 24

Bring your Bible and join Father John Jeffrey as he explores The Letter of Paul to the Ephesians. The class will meet in the Littlejohn Building.

### Wednesday mornings in Lent – Five Moments in the Passion Narratives / Parish Hall 10:30 -11:30 AM – Fr. Jae / March 4, 11, 18, 25

Join Father Jae as he explores Five Moments in the Passion narratives including short lectures and meditations on Gospel passages and Lenten hymns. The class will meet in the Parish Hall.

### Wednesday evenings in Lent –SOUP SUPPERS AND SAINTS



6:00 Soup Supper; 7:00 Mother Diane  
March 4, 11, 18, 25

Join Mother Diane for a hearty soup supper followed by a class called *For All the Saints*. We will compare the lives and ministries of ancient saints to modern day saints.



## EASTER BASKET MINISTRY



With your support St. Ann's Food Pantry will be distributing Easter Food Baskets to our neighbors in need. If you or somebody you know would benefit from receiving an Easter Basket **please contact the parish office 589-6522 or Lynette Schulz 472-2235** as soon as possible.

We will again use a Giving Tree (like Thanksgiving) to collect food donations. Please choose items from the Giving Tree (located in the Parish Hall) and return item to church

**We need all non-perishable donations by Sunday, March 22nd  
Hams by Sunday, March 29th**

If you are interested in participating

- Food donation- tags in Parish Hall
- Adopt-a-basket \$50
- Grocery shop
- Assemble & deliver Sunday, March 29th, 11:15am.





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# ASSOCIATE'S COLUMN

## Father Jae Chung

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### The Rule of Life

Desmond Tutu is one of the most famous Anglican bishops and a Nobel Peace Prize laureate. He said, "The heart of the Christian gospel is reconciliation, pointing to 'at-one-ment' [atonement] with God and with every human being."

For all Christians, there would be no question about what he said. It is true. However, there have been lots of questions as to "how to" create and experience the realistic reconciliation in a community, in severe conflicts, and in effective and practical ways. In my opinion, *The Rule of Life* by St. Benedict has been the best answer we have come across so far in over 2000 years.

- The practice of Prayer brings us to *Reconciliation with God*.
- The practice of Study comes to *Reconciliation with Wisdom*.
- The practice of Recreation creates *Reconciliation with Our Deepest Selves*.
- The Practice of Work draws *Reconciliation with God's Creation*.
- The Practice of Hospitality welcomes *Reconciliation with Others*.

We have five weeks in March Observing Lent by God's grace. I believe it will be a great opportunity to put ourselves in each practice every week, as my Lenten program is currently exploring. You will be able to write your own Rule of Life based on your five practices for *Reconciliation* which is the heart of Gospel.

*Creating a Rule of Life*, a booklet by Washington National Cathedral, can be tremendously helpful if you wish to write your own Rule of Life. You can find it online for free at:

[http://www.cathedral.org/pdfs/cor\\_rule.pdf](http://www.cathedral.org/pdfs/cor_rule.pdf)

I believe you will have a meaningful Lent if you follow the instructions of this booklet carefully. As St. Benedict once said:

“... Listen carefully, my child,  
to the master's instructions,  
and attend to them with the ear of your heart.  
This is advice  
from a father who loves you;  
welcome it,  
and faithfully  
put it into practice.”

**St. Benedict, *The Rule of Saint Benedict*.**

In God's peace, *Jae+*

## MEET ELLIS TOMMASEO



You may have noticed a new rather tall fellow on the altar lately. This is our new intern, Ellis Tommaseo. He will be spending at least six months at St. Ann's while discerning a call to the priesthood in the Episcopal Church. The Bishop and the Commission on Ministry have assigned him to Saint Ann's where Mother Diane will be mentoring him in this venture.

An international "man of mystery," Ellis was born in northern Italy, spent his formative years in Perth, Australia, and has been in New York for 12 years. It was in Australia that he was introduced to the Anglican church. Ellis's day job is working for the MTA, and he started his American life in Brooklyn. He now lives in West Babylon with his wife and three young children.

Ellis's first Sunday at St. Ann's was February 18—the coldest day we've had in something like 20 years—so he met only a few brave souls that day. I'm sure he's been happy to see that the congregation is not always that sparse. In fact, he says Saint Ann's reminds him a lot of his parish in Australia, so we're glad he feels at home here! —**Rodney Dudley**

## A POTLUCK OF PEOPLE

Many congregations enjoy gathering for potluck dinners — meals largely unplanned, when people bring food to share. Usually, the main dishes, salads and desserts balance out. The fun is the variety mixing together on a plate and the surprise factor of what's contributed.

Churches and communities — even families — are potlucks of a sort, too. When groups assemble, each person contributes something unique and sometimes unexpected. When all is mixed together, the whole is truly greater than the sum of the parts. A beautiful balance often results: One is a good singer, the other writes well; some are strong leaders, others dependable team members; some are traditional, others innovative. Together, it's delicious!



Potlucks are sometimes called covered-dish dinners. But don't keep your gifts "covered"! Share them because you're a valued part of the whole!

## A NEW SPRING



Botanists say that trees need the powerful March winds to flex their trunks and main branches, so that the sap is drawn up to nourish the budding leaves. Perhaps we need the gales of life in the same way, though we dislike enduring them. A blustery period in our fortunes is often the prelude to a new spring of life and health, success and happiness, when we keep steadfast in faith and look to the good in spite of appearances.



If you've been following Lent Madness ([www.lentmadness.org](http://www.lentmadness.org)), you'll know that the winners of the first few rounds of voting have been won by **Brendan the Navigator, David Oakerhater, Molly Brant, and Juan Diego**. They will go on to face off in the Saintry 16 against the winners of future rounds coming up during weekdays in Lent. As I write, the contest today is between **John Keble**, a key player in the Oxford Movement, prolific writer, translator of the works of Irenaeus, and well known poet of his time. This pious, humble, and industrious man is matched against **Thecla**, a fervent and somewhat dramatic follower of the Apostle Paul, who although sentenced to be both burned at the stake and to be eaten by ravenous seals, escaped death twice through the apparent intervention of God. She was even denied by Paul in spite of her religious devotion. She suffered much simply from being a woman outside the accepted norms of her time. Which one would you choose?



The presenters of Lent Madness, The Rev. Tim Schenk and The Rev. Scott Gunn, proclaim that they have been delighted to see the number of comments that come in throughout the 24 hours each matchup is open. They are a wonderful blend of thoughtful and gracious and educational and inspirational. If you have been to other online forum sites, you will see that this is basically the opposite of what usually happens.

You still have time to join in this delightful Lenten exercise.

## Day In, Day Out

In *Walking with God through Pain and Suffering* (Dutton), Timothy Keller says many people think spiritual growth is something akin to high diving, when really it's more like walking — nondramatic and rhythmic:

“A walk is day in and day out praying; day in and day out Bible and Psalms reading; day in and day out obeying; talking to Christian friends, and going to corporate worship, committing yourself to and fully participating in the life of a church. It is rhythmic, on and on and on. To walk with God is a metaphor that symbolizes slow and steady progress.”



## Forgive Yourself

If the Lord Jesus Christ has washed you in his own blood and forgiven you all your sins, how dare you refuse to forgive yourself? —**Francis MacNutt**

# VIEW FROM BEHIND THE POLE

## MUSIC FOR ELEPHANTS

Judy Hester has brought our attention to an Australian documentary which was aired in December.

*Music for Elephants* is a documentary about Paul Barton, a British concert pianist who plays music at a sanctuary in Thailand on the River Kwai for Asian elephants who are blind, injured and orphaned. Playing the works of the world's great composers to the endangered elephants, he reveals their secret love of music.

As these magnificent mammals trumpet, curl their trunks, dance or even accompany him on the piano, we learn that even a dangerous bull-elephant likes to unwind with a bit of Beethoven.

Music is good for all God's creatures!



**SBS One Australia**  
[www.sbs.com.au](http://www.sbs.com.au)  
[www.facebook.com/SBSAustralia](http://www.facebook.com/SBSAustralia)

## GOLDEN PIPES

Friday, April 17

7:00 PM  
In the Parish Hall



**ATTENTION ALL SINGERS!**  
Time for all Saint Ann's songbirds to gather for an evening of musical entertainment! Sign up in the Parish Hall or see Kathy Senese. Come share your talents!

**POTLUCK DESSERT**  
Bring Your Favorite!  
Coffee & Tea Provided



## Join the Choir



**Join the Choir...**  
You'll Be Glad  
You Did!

The brilliant Christian psychiatrist, Dr. Walter Menninger, said that singing in a church choir was very helpful to him. After an exhausting day at work, he found it inspirational and soothing to go to choir practice at his church. The music enabled him to put the stress of his day behind him, get in touch with something beautiful and holy, and end the day relaxed and uplifted.

Ask a choir member what singing in a choir does for him or her. It's very likely that you'll find he or she gets great joy in serving the Lord through singing. And remember, also, there is wonderful fellowship among choir members. Singing in a choir is a good way to make new friends. Try it.



The contractors who worked on the Littlejohn renovation have been so helpful and generous to us. We want them to know how much we appreciate them, and we hope you will remember them when you have need of their services.

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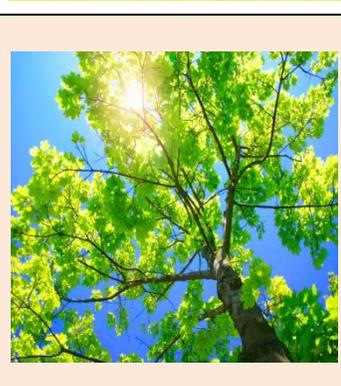
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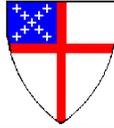
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# NOTES

## THRIFT SHOP

**THANK YOU!**  
THANK YOU! THANK YOU! THANK YOU!

A very big THANK YOU to all those parishioners who donated children's coats, hats, and gloves! We were able to help many families this very cold winter. We are most grateful for your thoughtfulness and giving spirit.

--The Managers & Volunteers of the Thrift Shop



## GIVING RECOGNITION TREE

A reminder: When you want to give a donation to St. Ann's to honor loved ones--living or deceased, your gift of \$500 may be acknowledged on a leaf on our Giving Recognition Tree in the Chapel lobby. Other options for larger donations are available. Contact the Church office for further information.

## OUR DAILY BREAD

Monday & Thursday, from 10:00 AM -12:00 Noon

This month we would especially appreciate donations of the following items:



**FOOD DONATIONS NEEDED**

**Canned Meats \* Tuna \* Chili \* Juice \* Shelf Stable Milk \* Toilet Paper \* Paper Towels**

Of course, cash donations allow us to buy whatever is needed!

## YOGA ON THURSDAYS



Thursday Yoga has not been frozen out! A small hardy group has been meeting every week—cold or snow--for exercise and relaxation. We've even added a few new folks. The class lasts about an hour, beginning at 1:30 and ending about 2:45 PM. All ages, both women and men, are welcome. Bring a non-skid mat and join us. **—Rodney Dudley**



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IF YOU HAVE ANY QUESTIONS OR COMMENTS REGARDING THE BIRTHDAYS AND ANNIVERSARIES LIST, PLEASE CONTACT THE CHURCH OFFICE AT 631-589-6522.



**WEDDING ANNIVERSARIES**

5	Kenneth & Linda Herbert	12	Thelma & Stanley Thuma	30	Brian & Renee Chalmers
		15	Craig & Kristin LoNigro		

**BIRTHDAYS**

1	Peg Flanagan	12	Helen Maloney	19	Jason Cole	28	Victoria Barone
	Thomas Rice		Edward Moran		Cynthia Houdek		Philip DePompeo
	Mary Jean Lap-Bohanick	13	Lynne Abrams		Erin MacDonell		Eric Gustafson
3	Nancy Leuly		Sally Stoll-DePompeo		Judith Meyer		Linda Hay
4	Zachary Svendsen		Luis Vasquez		Molly Vallillo		Sharon Vander Borgh
	Sebastian Cole	14	Patrick Cavanagh		Karly Walch	29	Robert Gaito
5	Brendan Mattimore		Gail Dittmar	23	Florence Chase		Keith Johnson
6	Jared Bergen	15	Meagan Gandolfo		Nicole LaFontaine		Norma McKendrick
7	Lauren Waters		Stephanie Gandolfo	25	Ron Sanchez		Adam Zeidler
	Miranda Waters	16	Robert Honey	26	Jill Hughes	30	Jennifer Lasko
8	Jason Walsh		Paul Wells	27	Marlena Espinoza		Leah Vander Borgh
11	Addie Sanders	17	Susan DeWitt		Mary Mattarella Heironymi	31	Jean Lap
12	Ashley Byrnes	19	Marade Bergen		Joan Palmieri		Wyatt Reksten
							Debbie Dowling



OUR VESTRY

**Wardens:** 2016 Nancy Koinoglou 2017 Ernest DeWitt

<b>Vestry:</b>	2016 Jackie Gandolfo	Jill Hughes
	John O'Neil	Constance Currie
	2017 Donald Hester	Diane Miller-Magnani
	Thomas Honey	Christie Strecker
	2018 Helen Houdek	Carol Ann St. Lawrence
	Wendy Schmittzeh	John Smith

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## *Our Church History*



By Connie Currie

### ❖ The Garden of the Unforgotten ❖

ELAINE HUFFINE

**Elaine B. Huffine** died on June 3, 1993, at the age of 55. Elaine graduated from both Sayville Elementary School and Sayville High School, where she was Valedictorian of her class. She went on to graduate with a BA in Education from Cortland State College, Cortland, NY, where she was again Valedictorian of her class. She received her Master's Degree in Education from Hofstra University and taught high school English in the Connetquot School District for 30 years. She was named Teacher of the Year several times in Connetquot and was Chairman of the English Department. Mrs. Huffine was a member of the Connetquot Teacher's Association, New York State Teacher's Association and one of the founders of ORBBA.

At the time of her death, she was survived by her mother, Gilda Bartik of Boothbay, Maine; son Charles W. Huffine III, of Rochester; a brother, Louis V. Bartik Jr. and sister-in-law, Larri Bartik of Patchogue.

A Memorial Service was held for her on June 17th, 1993, at St. Ann's. Donations were asked for the Elaine B. Huffine Memorial Scholarship, Arrangements were made by Simmons & Harrington Funeral Home, Boothbay Harbor, Maine.

## Comforting Those Who Mourn

Words aren't always necessary — or even beneficial — when people are hurting. In *Killing Giants, Pulling Thorns* (Zondervan), Charles Swindoll tells of a girl who went to comfort the mother of a deceased playmate.

"What did you say?" the girl's parents later asked.

"Nothing," she replied. "I just climbed up on her lap and cried with her."

Joseph Bayly, who experienced the deaths of three children, shares a similar experience in *The View From a Hearse* (David C. Cook): "I was sitting, torn by grief. Someone came and talked to me of God's dealings, of why it happened, of hope beyond the grave. He talked constantly. He said things I knew were true. I was unmoved, except to wish he'd go away. He finally did.

"Another came and sat beside me. He didn't talk. He didn't ask me leading questions. He just sat beside me for an hour or more, listened when I said something, answered briefly, prayed simply, left. I was moved. I was comforted. I hated to see him go."

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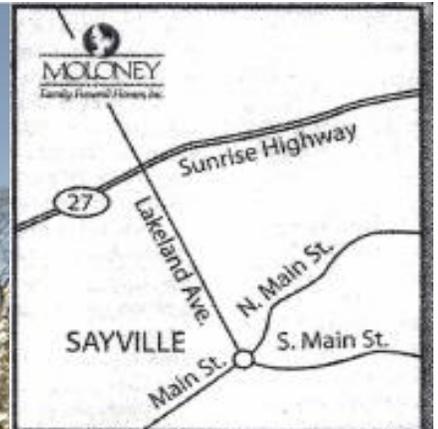
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## +Christian Symbol+



### THE ROOSTER

The rooster is reminiscent of Peter's threefold denial of Jesus on the night of Jesus' trial (Matthew 26:34, NIV); thus; it may represent faithlessness in general, especially in the face of danger. Because of the rooster's early-morning call, it's also symbolic of watchfulness: "Therefore keep watch," said Jesus, illustrating the return of the Son of Man, "because you do not know when the owner of the house will come back — whether in the evening, or at midnight, or when the rooster crows, or at dawn" (Mark 13:35, NIV).

The rooster is also a symbol of the Cursillo Movement, which originated in Spain. To the Spanish the rooster was symbolic of the rainbow in the Old Testament where God makes a covenant with His People.

## AROUND SAINT ANN'S Monthly Schedule

See Correspondent pages and Bulletin for changes/cancellations.  
Check out the website at [www.saint-anns.org](http://www.saint-anns.org)

### Sundays

7:00 PM—AA Meeting

### Mondays

6:30 PM—EfM in the Littlejohn Building  
7:00 PM—AA Meeting  
7:00 PM—Vestry Meeting—March 9

### Tuesdays

8:00 AM---Men's Group  
9:00 AM---Holy Eucharist  
9:45 AM---Bible Study / Father John Jeffrey  
6:00 PM---Children's Choir Rehearsal  
7:00 PM---Adult Choir Rehearsal.

### Wednesdays

10:30 AM---Lenten Study / Father Jae  
12:00 Noon—Holy Eucharist  
6:00 PM---Lenten Soup Supper  
7:00 PM---Lenten Study on Saints / Mother Diane  
7:00 PM—Youth Program in Littlejohn Bldg.

### Thursdays

10:00 AM—AA Meeting  
1:30-2:30 PM---Yoga Class  
7:00 PM—AA Meeting

### Friday

### Saturday

## ST. BARNABAS' BUDDIES

Whether you need help or can give help, call Gerry Hoek at 631-868-7278 for further information.

- (1) Prepare a meal for someone recovering from a recent illness or fall.
- (2) Drive someone to a doctor's appointment and bring them home.
- (3) Bring someone to church (perhaps once a month) if they are unable to drive.
- (4) Make a phone call to someone homebound just to let them know they are not forgotten.

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Christ be with me, Christ within me.  
Christ behind me, Christ before me.  
Christ beside me, Christ to win me.  
Christ to comfort and restore me.  
Christ beneath me, Christ above me.  
Christ in quiet, Christ in danger.  
Christ in hearts of all that love me.  
Christ in mouth of friend and stranger.

**--St. Patrick's Breastplate**

