

The Correspondent

Monthly Newsletter | July and August 2025

SUMMER WEEKLY CHURCH SERVICES*

Wednesdays: 11 am (Chapel)

Saturdays: 5 pm

Sundays: 9 am (online too)

11 am (Fire Island-page 10)

Sunday, May 25th through Sunday, September 14

WEEKLY CAMPUS SCHEDULE*

Grief Group: Following Wednesday Mass **Food Pantry:** Mondays 10 am – Noon **Thrift Shop:** Wednesdays, Thursdays,

Saturdays 10 am-2 pm

AA meetings: Mondays 7 pm

Thursdays 10 am & 7 pm

Sundays 7:30 pm

Choir Practice Summer break no meetings
Men's Group Tuesdays 8 am Breakfast

MONTHLY SCHEDULE*

Family Service First Sunday (Oct-June)
Senior Lunch Summer break no lunches

Vestry MeetingSecond MondayPizza SupperThird Saturday

*check our website for details, changes, and updates <u>www.saint-anns.org</u>

Saint Ann's Vestry

Wardens

Randy Schultz (2027) Roma Busch (2026)

Members

Ray Busch (2028)

Joe Castelli (2027)

Laurin Clemens (2028)

Kaitlyn Crevoiserat (2026)

Don Hester (2026)

Pat Osarchuk (2026)

Rich Maddox (2027)

Carol Ann St. Lawrence (2027)

Laura Sanchez (2026)

Linda Maddox, clerk of the Vestry

Important Dates:

July 25	Summer Movie Night - "Sing"
Aug. 29	Summer Movie Night - "Angels in the Outfield"
Sept. 7	St. Ann's mainland & Fire Island get-together (Cherry Grove)
Sept. 19	Sayville Chamber of Commerce ribbon cutting
Sept. 19	CM Performing Arts (at St. Ann's) - Journey Cross & Crucifixion
Sept. 20	Saint Ann's Fall Festival
Sept. 21	Confirmation Classes Begin
Sept. 28	Protecting Seniors and Estate Planning with
	Christine Scheibler, Esq. and Officer Vincent Maio
Oct. 5	Blessing of the Animals
Oct. 12	Fall Fish Fry
Oct. 18	Art Exhibition - Parish Hall
Oct. 21	Senior Luncheon – Throwback Lunch
Nov. 8	Christmas Fair



Communion where you live

If you are unable to attend church, regardless of the duration, and would like a Lay Eucharistic visitor to bring communion to you at home or in a facility, please call the church office, Father Ben or Deacon Susan to schedule a visit.

SAINT ANN'S OFFICE

251 Middle Road Sayville NY 11782

Email: office@saint-anns.org Web: www.saint-anns.org

Pho: 631-589-6522
Fax: 631-589-6541
Mon-Wed 9:30 am – 2 pm
(Until further notice)
Lynne Robinson
Parish Administrator

Marge Rogers
Office volunteer

CLERGY

The Reverend Dr. Benjamin Brenkert **Father Ben**

frbenjamin@saint-anns.org 929-445-3781

The Reverend Susan Ellinghaus

Deacon Susan

dcnsusan@saint-anns.org

516-381-5485

THE CORRESPONDENT

631-589-6522 correspondent@saint-anns.org

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Eileen Moran, Editor Sue Schultz, Roving Reporter

FOOD PANTRY

257 Middle Road Parish Hall Sayville NY 11782

Pantry Coordinator: Lynette Schulz

office@saint-anns.org 631-589-6522

Open Monday 10 am - noon

Bookkeeper

THRIFT SHOP

268 Middle Road Sayville NY 11782

Shop Co-Managers:

Cindy Reisert Linda Maddox

office@saint-anns.org 631-589-6220

Open Wednesday, Thursday, & Saturday 10 am – 2 pm

CEMETERY

The Garden of the Unforgotten

251 Middle Road Sayville NY 11782

Cemetery Manager: **Tim Laffin**

cemetery@saint-anns.org 631-589-6522 Open 7 am - sundown

SAINT ANN'S STAFF-MEMBERS*

Minister of Music Kathy Senese - music@saint-anns.org
Parish Administrator Lynne Robinson - office@saint-anns.org

Cemetery Manager Tim Laffin - cemetery@saint-anns.org

Finance Manager Alex vonStrandtmann - Sasserath & Co. https://www.sasscpas.com

Erin Schwab - Sasserath & Co. https://www.sasscpas.com

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*use 631-589-6522 or office@saint-anns.org unless otherwise noted

Companions-in-Christ: A Word from the Priest in Charge



Dear Saint Ann's Family and Friends,

P.C. As I write this entry, it is actually June 12! I can feel the humidity creeping upwards, and remain thankful for the wonderful Clergy Retreat that took place in the Parish Administration Offices. Nine recently ordained clergy from years .5 to 5 of priestly ordination were led my Mothers Cecily Broderick and Carol Pinkham Oak. One of the activities included a review of the ministry-day. It's amazing to see how clergy spend their days! Sermon prep. Pastoral Counseling. Praying. Resting. Working out. Running youth and young adult programming. Discerning new initiatives.

At Saint Ann's, the People's Arc of Suffolk County continues to operate our bi-vocational community day program from the Littlejohn Building. Did you see the new signage around our south campus? (What about the new lighting? On your way back from taking in a nighttime gelato or ice cream sundae, drive passed the campus at nighttime. Stunning!)

I pray for all who travel this summer, take in rest and refreshment. Please remember to send photos of your journeys, and where possible, attend a service at an Episcopal Church. I did this when I visited Barcelona; I attended a service at Saint George's Church. Our faith is catholic *aka* universal!

Please remember the following dates as we close our Summer Program and approach the return to our Program Year Schedule:

July 25, Summer Movie Night

August 29, Summer Movie Night

September 7, Saint Ann's and Fire Island Ministries annual Get Together

at Cherry Grove, following the 11am service

September 19, CM Performance of Christ's Passion on the Great Lawn

September 20, Fall Festival (with honorees)

September 28, Protecting Seniors and Estate Planning with

Christine Scheibler, Esq. and Officer Vincent Maio

October 12, Fall Fish Fry

October 18, Artists Workshop Parish Hall

November 8, Christmas Fair

November 13-14, Diocesan Convention

November 29, Christmas Tree Lot - Trees Delivered

December 5, Movie Night

December 6, Lessons & Carols

December 17, Blue Christmas

December 25, Christmas

Our Vestry meets on July 14, August 11 and September 8: All are Welcome!

At the June Vestry meeting, Joe Castelli shared a poem by Ella Wheeler Wilcox (b. 1850 – d. 1919), I was moved by the poem but also by Joe's integration of the poem during his career as an educator. So many youths benefited from this exercise! We used the poem as our final prayer. In the poem, *Worth While* Wilcox writes:

It is easy enough to be pleasant When life flows by like a song, But the man worthwhile is the one who will smile When everything goes dead wrong. For the test of the heart is trouble, And it always comes with the years, And the smile that is worth the praises of earth Is the smile that shines through tears. It is easy enough to be prudent When nothing tempts you to stray, When without or within no voice of sin Is luring your soul away; But it's only a negative virtue Until it is tried by fire. And the life that is worth the honor on earth Is the one that resists desire. By the cynic, the sad, the fallen, Who had no strength for the strife, The world's highway is cumbered to-day -They make up the sum of life; But the virtue that conquers passion, And the sorrow that hides in a smile -It is these that are worth the homage on earth, For we find them but once in a while.

Right now, our world is confusing; people are hungry for spiritual things; churches large and small have witnessed a resurgence of interest in faith and service. What about a faith that does or seeks justice? How do we find joy and gratitude amidst the uncertainty and challenges of life? This is what Wilcox writes about in her poem: we must be truer selves, truer Christians who withstand the tests of time and adversity. This is why being prayerful and developing a prayer life or rhythm of contemplation/meditation is essential to being resilient. God with us and God for us!

From 1974 to 1975, at another inflection point in world history, the Society of Jesus (the Jesuits) moved through prayer and discernment during a General Congregation (#32) to realize that the entire religious order all its many works was being invited by the Spirit of God to set out in a new direction. The overriding purpose of the Society of Jesus, namely "the service of faith," must also include "the promotion of justice." Henceforward, the phrase: a faith that seeks or does justice, in which the inherent human dignity of all human beings is honored and encapsulated by the values of Jesus Christ.

At Saint Ann's we can celebrate much growth and accomplishment since February 2025. In the passage of the Good Samaritan from the Gospel According to Luke (Chapter 24), Jesus challenges us not to be passerby, to intervene to help create the Beloved Community. Let us Agape each other, and from the pews of Saint Ann's show the world the power of Agapetic Love.

With gratitude, love and in prayer,

Fr. Ben

Some thoughts from your Deacon...

"But as for me and my household, we shall serve the Lord." Joshua 24:15

Having just celebrated the birthday of the church with Pentecost and St. Barnabas' Day, how wonderful that we are now celebrating the birthday of our country. Happy 4th of July and happy summer! I may be a bit jaded, but I truly believe that the South Shore of Long Island is the perfect place to enjoy those hazy days of July and August!



"Do not let your hearts be troubled and do not be afraid." John 14:27

I understand that there was a bit of concern about my LOA. Please put your concerns aside. An LOA, in this case, is my Letter of Agreement between the Diocese and St. Ann's about the parameters of my responsibilities. And of course, I must be in agreement, which I am. Please do not think I am taking a Leave Of Absence! I love my St. Ann's home!

"Always give yourself fully to the work of the Lord, because you know that your labor is not in vain." 1 Corinthians 15:58

In addition to my responsibilities during our Saturday and Sunday services, I manage to stay pretty busy. If you need to see me, I am in the office on Tuesdays and Wednesdays. I visit our folks who cannot get to church and bring them communion. I am always available by phone!

Around the diocese, I volunteer at the food pantry at St. Paul's in Patchogue on Mondays and have been trying to assist with the Blessings Boxes at St. Andrew's in Yaphank. Deacons are called to feed the hungry and these days the need is strong.

I am looking ahead with great joy and anticipation to the many events we have planned for not only the summer, but also into the fall:

Family Film Nights:

July 25th- "Sing"

August 29th – "Angels in the Outfield"

Senior Luncheons:

October 21st- Throwback Lunch!

November 18th - Italiano!

December 16th - Grilled Cheese and Tomato Soup!

(2026 dates TBA)

Sunday School

begins September 21st! Topics to be covered- The Lord's Prayer (also in ASL), Noah's Ark, The 10 Commandments, and the Nativity of our Lord culminating in the Christmas Pageant!

Preparation for First Intentional Communion

Ministries

Coffee Hour- sign-up sheets are in the Parish Hall; can you help by volunteering to bring down some breakfast items to enjoy with coffee after Sunday services? And we would love for families to join together for Family Sunday Brunch Buffets! No need for it to fall to just one family!

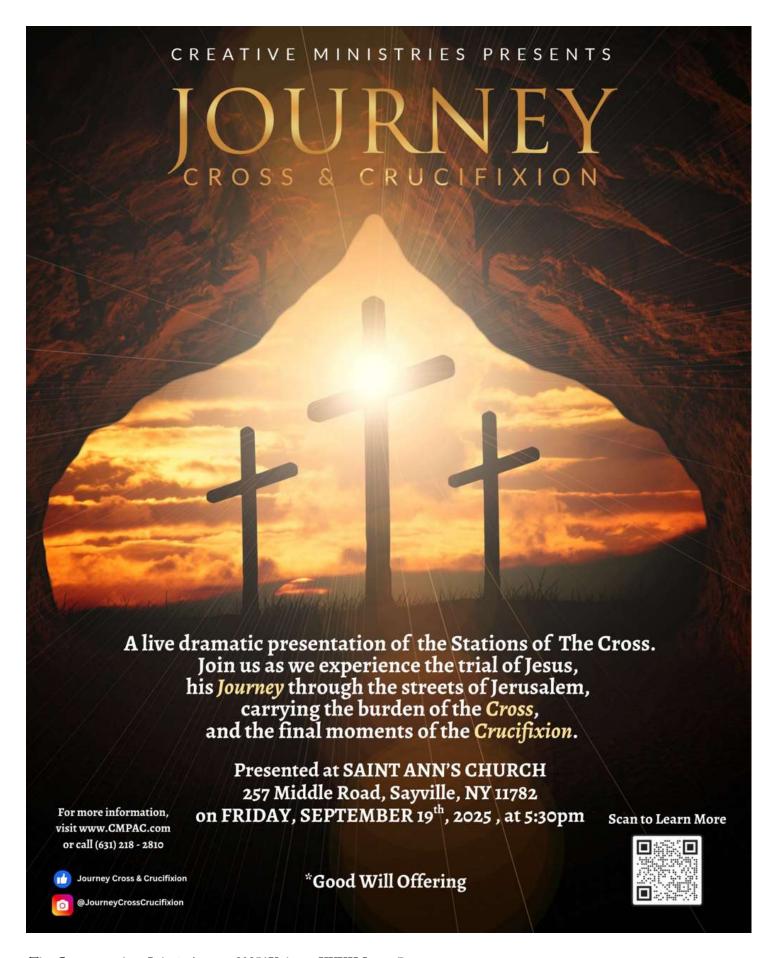
Ushers- Tim Laffin can schedule you in and our current ushers will help to get you started!

Altar Guild-helping to prepare the items we use for Eucharist and maintaining the linens!

Each of these is a way you can help out and as we know, many hands make light work! Come join the family!

With blessings to you all! Love,

Deacon Susan



Saint Ann's and The People's Arc: A Bi-Vocational Ministry Journey

People's Arc of Suffolk is so excited to enter into the bi-vocational ministry with Saint Ann's Church!



Our Nature Community Center is bustling with activity, and we are ready for this new chapter! People supported have already begun to make the building feel like home, enjoying the beautiful atmosphere and beginning to explore the community of Sayville.

In the coming weeks, we hope to become immersed in our new community, establishing relationships and giving back. Our mission is to provide meaningful connections in the community through partnerships and volunteerism. We are thankful for the warm welcome from Father Ben and the Saint Ann's family and look forward to continued partnerships and shared missions.

Please join us for our open house:

Wednesday, July 9th - 10:30am-2pm (ribbon cutting at 11am), 3:30-6:30pm

Stop by, say hello, and come see and hear about the amazing things we are planning for our new site.



VESTRY VISIONS

It has been a busy and exciting spring for the Family of St. Ann's Parish and as I look out at the summer and fall calendar line-up of activities and scheduled events all promoting fellowship, worship, education, care service and good old friendship it brings a big smile and feeling of peace and accomplishment as we continue to grow.

June's calendar was a busy one and to mention just a few but certainly not close to all activities there were two baptisms, Saint Barnabas Day, The Great South Bay Deanery Meeting for Episcopal Diocese of LI, celebrating Juneteenth and Pride Month as well as nearing the completion of work and inspections to plan the commencement of Peoples ARC operations out of the Little John building. As we move into July the calendar stays just as busy with three baptisms and the Official grand opening of The Peoples ARC. The planning continues in July for the fall and winter events.

Despite the many days of rain, on Saint Barnabas Day we were blessed with blue skies, a soft southwest breeze, white puffy clouds and sunshine which added to the enjoyment of having the service on the front lawn. Live music thanks to the Rorie Kelly band, youth activities thanks to Kaitlyn & Michael Crevoiserat, an ice cream truck, meeting new people and wonderful fellowship. A big thank you to all that participated. St Ann's may not be a big parish but it is a Strong and Mighty One due to all of you! I realize a lot of time, planning and coordination goes into maintaining a busy calendar and making scheduled events successful, so I am also grateful to the St Ann's Parish and extended family that contribute to our success as well as our Lord! So once again school is out, the sun is shining, the weather's warm, pools and beaches are open; it's summer on Long Island. We are very blessed to live in such a beautiful area and attend service at St. Ann's as a cornerstone to our community. Many of us and our families wait for this time of year. Along with our exuberance for a fun summer, let us remember to practice water safety. We, as a community, are blessed with access to both the ocean and the Great South Bay and also have access to swimming pools. A safe summer requires heightened awareness of the dangers that any body of water can present. Similar to the way we attend service on a weekly basis with Father Ben and Deacon Susan to learn and continue to develop our spirituality; let's make sure we take the time to think about and review general guidelines as we prepare for summer activities.

This is by no means meant to be all-encompassing. Please take the necessary precautions.

Something to think about: Only 56% of adults can perform all five basic skills needed to swim safely. A report from the American Red Cross shows many Americans believe they are better swimmers than they actually are.

National Safety Councils guidelines for safe swimming:

- Don't go in the water unless you know how to swim; swim lessons are available for all ages
- Never swim alone
- Learn CPR and rescue techniques
- Make sure the body of water matches your skill level; swimming in a pool is much different than swimming in a lake, river, bay and the ocean where more strength is needed to handle currents and waves
- If you do get caught in a current, don't try to fight it; stay calm and float with it, or swim parallel to the shore until you can swim free
- Swim in areas supervised by a lifeguard
- Don't push or jump on others
- Don't dive in unfamiliar areas
- Never drink alcohol when swimming; alcohol is involved in about half of all male teen drownings, according to KidsHealth.org

National Safety Councils Water Safety for Parents with Children:

- Never leave your child alone; if you have to leave, take your child with you
- Find age-appropriate swim lessons for your child, but keep in mind that lessons do not make your child "drown-proof"
- Lifeguards aren't babysitters; always keep your eyes on your child
- Don't let children play around drains and suction fittings
- Never consume alcohol when operating a boat, and always make sure everyone is wearing U.S. Coast Guard-approved life jackets
- Don't underestimate the power of water; even rivers and lakes can have undertows
- Always have a first aid kit and emergency contacts handy
- Get training in CPR
- If a child is missing, check the water first

When we come to church each week, this summer let us thank God for our many blessings and make a commitment through the next few months to make water safety paramount. This priority is not only for the good of our families but for all people in our community. Awareness is the key. So, if you have little ones in your life, please consider taking or recommending swim lessons. If you go to the beach or have a boat or pool, please take the necessary safety measures to ensure a happy and healthy summer.

Where can people get more information about water safety?

The Long Island Drowning Prevention Task Force has developed a comprehensive water safety education program (lidptf.org) as well as the Northeast Spa & Pool Association (lipsa.nespapool.org). Enjoy these beautiful months! Let's work together to have a happy and safe summer as we Walk with the Lord!

Ray Busch For the Vestry

Volunteers Wanted for People's Arc Dances

People's Arc of Suffolk is always looking for volunteers to help at our monthly dances. The dances run from 7-9 pm but you should arrive between 6 and 6:30 pm. The assistance would consist of helping to set up, prepare snacks, assist with clean-up at the end of the night and then just help where needed during the dance along with chatting with the people attending and having fun during the dance.

The remaining 2025 Dance Dates:

September 12th

October 24th

November 21st

December 12th

The dances are held at 2900 Veteran's Memorial Highway, Bohemia

Please reach out to **Doriann Adams (DAdams@suffahrc.org)** if you have any questions and to confirm your volunteer attendance.



In the News

Parish news and a round-up of items announced in emails and at weekend services. Send stories and/or photos for The Correspondent to <u>correspondent@saint-anns.org</u> by the 3rd Friday of each month. Please submit announcements to the office by Wednesday each week.

Called to the Lord: Rev. Bayard Collier Carmiencke, Geraldine (Gerry) Hoek, Sallie Kaiser Larking, and Muriel G. Seybel. May all those who have passed from this life, find peace in heaven and may their loved ones on earth be comforted by cherished memories.

From the Raynor and D'Andrea Funeral Home Website: "**Geraldine S. Hoek**, 94, of Sayville, NY, died on Sunday, June 29, 2025. Geraldine was a resident of Bayport, formerly of Sayville and a graduated of Sayville High School. She was a very active member of St. Ann's Episcopal Church in Sayville her entire life and worked as the Secretary for the Cathedral of the Episcopal Diocese of Long Island. Mrs. Hoek is survived by her four children, Peter and his wife Kathleen of Medford, Karen Tampellini and her husband Wayne of East Patchogue, James and his wife Cathy of Sayville and John and his wife Barbara of Bayport, seven grandchildren, Brendan, Meghan, Christopher, William, Jessica, Stephanie, and David, as well as her great-grandchildren, Nicholas, Kyle, Conner, Lillian, Nathan and Camden. She was predeceased by her husband Richard in 2007 and by her granddaughter Brittany.

Friends and relatives will gather on Tuesday, July 8 at 11 a.m. at St. Ann's Episcopal Church in Sayville. Interment will follow in the parish cemetery. In lieu of flowers, donations made in Mrs. Hoek's memory to, St. Ann's Episcopal Church, 257 Middle Road, Sayville, New York 11782, are appreciated."

Sallie Kaiser Larkin, Kaitlyn Crevoiserat's grandmother was buried at Saint Ann's on 6/28/25. Sallie was a member of Saint Ann's in the 70s and 80s and was a Sunday school teacher. Kaitlyn remembers her absolute love for Saint Ann's. She was born December 29, 1933 and passed November 17, 2024.

Congratulations to the newly baptized and their parents:

Blake Touchette - June 15th son of Elizabeth and Robert Touchette

Henley March-Maiuri - June 22nd daughter of Brittney Lee March-Maiuri & Jonathan Maiuri

God bless them and their families!



Blake Touchette



Henley March-Maiuri

Dominick Cesarino, Sean Mattimore and Charlie O'Connell were confirmed, and **Roma & Raymond Busch** were received at Saint Mark's Islip on June 7th.

Wednesday services, at 11 am in our Saint Barnabas Chapel, includes **Anointing of the Sick and Eucharist**. It is followed by the **Grief Group**. Through pastoral counseling, many will receive the graces they need to find God in all things, and to begin to find in others a community of love and mutual support.

The Saint Ann's Tree of Life/Wall of Remembrance, located outside the Chapel, is a great way to acknowledge a loved one, friend, neighbor or colleague. For more information call us at the Parish Administration Offices.

Saint Ann's seeks members for the **Altar Guild** and a **Counter** to join our volunteers who account for our stewardship, tithing: various offerings and plate giving. Please contact Lynne at the Parish Office if you would like to learn more about how to get involved, her email is office@saint-anns.org.

Gabe.



Gabe Grenci, father of **Sal Grenci**, was honored at the National Memorial Day concert.

Thank you for your service,



Our website has been updated, but the address remains the same: https://www.saint-anns.org/

You will find us on **Instagram** at: saint_anns_sayville_new_york

Look for us on Facebook: St. Ann's Episcopal Church, Sayville NY



Summer Sunday Services on Fire Island

Take the 10:20 AM Ferry from the Sayville Ferry Dock

July 6: Cherry Grove Community Center,

July 13: The Pines Community Center,

July 20: Cherry Grove Community Center,

July 27: The Pines Community Center,

August 3: Cherry Grove Community Center,

August 10: The Pines Community Center,

August 17: Cherry Grove Community Center,

August 24: The Pines Community Center,

August 31: Cherry Grove Community Center,

September 7: Cherry Grove Community Center (Saint Ann's/Fire Island Fellowship Weekend).

September 14: Cherry Grove Community Center

To request assistance with traveling to one of our services, please call the Cart Reservation Line anytime: 631-597-3797 or use this link:

https://myemail.constantcontact.com/MAC.html?soid= 1108743637304&aid=yq5GGhk3J5k.

Father Ben blesses our High School Graduates:





Olivia Grenci



Christie Clark

Congratulations to Olivia & Christie on this great achievement!

Best wishes for your next adventure.

July is BLOOMIN' 4 GOOD month

Spread some light and love!

when you buy the specially marked \$11.99 Bloomin' 4 Good Bouquet at Stop & Shop, Montauk Highway, Sayville in July, Saint Ann's Food Pantry will receive a \$1 donation.

Annual Fall Festival

On September 19th, we will have a ribbon cutting with the Sayville Chamber of Commerce and an interactive performance by CM Performing Arts of Journey Cross & Crucifixion at Saint Ann's.

On September 20th, we will have vendors, food trucks, pumpkin patch, arts and crafts for kids; we will honor Town of Islip Councilman John M. Lorenzo and hold a Solemn Service at 5 pm for our Chapter of the Daughters of the King. Marge Rogers will offer the Gospel Reflection.

Please contact Father Ben or Christine Cesarino (ccesarino83@gmail.com) if you would like to assist in preparation and planning for these community events.





Sophia Maiorano being blessed by Father Ben and receiving a quilt from Marge Rogers on behalf of The Daughters of the King.

Thanks for being a wonderful choral scholar. Best wishes for a great college experience.

Will you help?

We are in need of volunteers to support our **live stream ministry**, which nourishes the spiritual life of our parishioners who cannot make it to the Church for the service.

Please see Joe Castelli or Father Ben to learn more about this important ministry.

We are also looking for more Ushers, Lectors, Acolytes/Crucifers, Singers, Eucharistic Ministers, Coffee Hour hosts and Altar Guild members. Talk to Fr. Ben or Text the word SERVE to 631-212-2320 to sign up.

SAINT ANN'S PRAYER REQUESTS

Ann, Christine, Connie, Eileen, Gail, Hap, Janet, Kathleen, Keith, Laura, Peter, Scott, Steve, Sue and Wayne.

To add names to the Prayer List either text the word Prayer to 631-212-2320, call the office at 631-589-6522 or

Use this link: https://form.jotform.com/212086636121146

Summer Anniversaries:

- 7 6 Bo & Dennis Messina
 - 6 Jessica & Adam Shelton
- 8 17 Judith & Darroll Meyer
- 8 21 Elise & Philip Alloy

7

- 8 21 Nancy & Scott Leuly
- 8 21 Whitney & David O'Donnell
- 8 25 Cynthia & David MacDonell
- 8 27 Cathy & Don Baker



Happy Belated 50th Anniversary to **Sharon & Stephen Vander Borgh**, who were married on June 14th 1975 by Reverend Larry McCombe at Saint Luke's Episcopal Church in Bohemia due to the renovations of our altar at Saint Ann's Church.

Summer Birthdays:



- 7 3 Doreen Grenci
- 7 11 Taylor Schmittzeh
- 7 13 Rich Maddox
- 7 18 Bob Immoor
- 7 22 John Schulz
- 7 24 Susanne Schultz
- 7 26 Arthur Gerards
- 7 27 Rachel Ferzola
- 7 27 Gerhard Pagels
- 31 Connie Currie
- 8 2 Leo Chung
- 3 2 Lucas Chung
- 8 2 Samara Madigan
- B 10 Ellen Garofolo
- 3 11 Gary Schaum
- 8 11 Andrew Schultz
- 3 12 Philip Alloy
- 8 14 Thomas Clarke Jr.
- 8 14 Kevin Mattimore
- 8 15 Cynthia MacDonell
- 8 17 Adam Shelton
- 8 24 Aline Koinoglou
- 8 25 Bob Flanagan
- 8 29 Lily Dadabo
- 8 30 Donald Hester

CREATION CARE CORNER By Marie Wipper

"We cannot do great things on this Earth, only small things with great love." Mother Teresa

True confessions here, one of my guilty pleasures in life is found in my kitchen. I love food; shopping, prepping, cooking and eating food. So, when it came to my attention that I could be adding plastics to my diet thru this very process, I looked into it. What I found was yes there can be super tiny pieces of plastic sneaking into my food, called microplastics and nano plastics. I wasn't sure if I should I be concerned so I did some reading. Here is a summary of one of the studies I read from Dec. 2024. *"A review of the data published Wednesday concludes that microplastics are "suspected" to harm human reproductive, digestive and respiratory health, with a possible link to colon and lung cancer." For a little while I was overwhelmed and did nothing. Then going along with what Mother Teresa said, I don't think I can revamp my entire cooking and eating habits, but I think I can do a couple of small things to cut down on the level of plastics that I and my family are exposed to. I want to share some very easy steps to take that will reduce your plastic exposure.

For the chefs in the community things to consider;

- 1- Use a wooden or metal spoon to stir and serve hot dishes.
- 2- Replace plastic storage containers with glass containers.
- 3- Let food completely cool before placing it in a plastic container.
- 4- Cook rice from scratch over a container of precooked rice.
- 5- If you choose the precooked rice packets, empty the rice from its plastic packaging into a ceramic or glass dish before placing it in the microwave.
- 6- Brew your tea from tea leaves.
- 7- If you prefer tea bags like me, check that the brand uses a plastic free sealing process. (I know this is crazy to think that a lovely batch of tea can be anything but soothing.)
- 8- If you are buying take-out food for a quick dinner, transfer the food to your ceramic dishes as soon as possible to avoid long exposure on the plastic takeaway containers.
- 9- Choose cans of seltzer, soda or water over plastic bottles.
- 10-Use your own cutlery over the plastic knives, forks and spoons whenever possible.
- 11- Buy spices in glass jars. There are many spice options in glass jars. Some of the brands are super expensive, but some are on par pricewise with the plastic jars.
- 12-Use wood, bamboo, steel or silicone cutting boards over plastic cutting boards.

 Who knows what harm the tiny pieces of plastic found in each of us is doing. While the scientists and doctors are sorting this out through many studies, we can be defensive and protect ourselves. I'm hopeful one or more of these steps appeals to each of you.

*https://www.npr.org/sections/shots-health-news/2024/12/18/nx-s1-5227172/microplastics-plastic-nanoparticles-health-pfas

Please share your ideas... Marie Wipper at <u>k2wipper@aol.com</u> subject: Creation Care

Looking for a Ministry Partner

This new section of our newsletter is where people from Saint Ann's or the greater Saint Ann's community can post their needs for help. Readers will have the opportunity to respond and assist the needs of others through corporal and spiritual works of mercy to ease the burden of other human beings. These could be volunteer or paid positions.



If you or someone you know has a need for help – however small or large, please allow us to post it on this new page. Examples of things we could post: read to me for an hour, play a musical instrument & sing with me, pray with me, give me a ride to church or the store.

Please send your requests for help to Eileen Moran via correspondent@saint-anns.org

Religious and Spiritual Year Formation and Education Offerings

Please identify your child for the <u>All Kid Religious Crafts and Discussion Program</u> which runs on the 1st and 3rd Sundays of the month by emailing Deacon Susan at dcnsusan@saint-anns.org. This program begins September 21 following 10am service. All are Welcome!

<u>Confirmation Class</u> for youth in 7th or 8th grade, will meet the second Tuesday night of each month, starting September 9 from 6:30 pm to 7:30 pm. This formation and service program leads to the Sacrament of Confirmation for our 8th graders, which will take place in the Spring (2026). Please contact Fr. Ben, who will co-teach the course, at frbenjamin@saint-anns.org to register your tween or tweens. Please register by August 25.

<u>Religious Education</u> for children will take place in grade bands, e.g., grades 3-4 and 5-6, these classes will be co-taught and provide our children with religious and spiritual formation in preparation for the receiving of the sacraments, to grow their prayer life and to help them mature in their faith. This program will meet monthly, the third Tuesday night of each month, starting September 16, from 6:30 pm to 7:30 pm. Please email Kaitlyn Crevoiserat at office@saint-anns.org to register your child or children. Please register by August 25.

<u>Young Adults</u> During 2025-2026, the Young Adults of Saint Ann's, ages 25 to 40, will meet periodically to engage theologically inquisitive topics at a nearby restaurant for dinner. To participate in this formation program, please contact Fr. Ben at frbenjamin@saint-anns.org. Registration is ongoing.

Did You Know...

Did you know that Rich & John went on a seven-day hike?

In April of 2024, Rich and John traveled to the Tuscan region of Italy for a 7 day hike. While there, they soaked up the amazing scenery that was everywhere they looked. It felt like they were hiking through a post card or picture. Besides soaking up the scenery, the food was outstanding! Local delicacies and authentic Italian foods were prepared fresh and were better and better each day.

One day they ended up in Siena and it was quite crowded in the town. They happen to be there on a local holiday called Liberation Day. This was the day that Italy was freed from the Nazi regime. There were parades of people carrying flags and chanting with music playing all around. It was quite the celebration and they felt lucky to be a part of this joyous celebration. The restaurants were filled with people eating and drinking so they joined in with an Aperol Spritz or two. This was a very special moment for them to be a part of.

They are looking forward to going back to Italy and seeing more of what this beautiful country has to offer!







View from Behind the Pole



Annual Choir Party

SUMMER CHOIR

In July the choir will be casual and open to all.

There won't be Tuesday rehearsals and there won't be choir robes!

Just show up at 8:40 on Sunday mornings to go over a favorite hymn or two.

Then we'll sing those during the service at 9 am.

ALL ARE WELCOME!

Choir practice in the church runs September through June. On the first Tuesday of each month, we practice at 1 pm, all other Tuesdays we practice at 6:45 pm.

In July we will meet in the church at 8:30 am for a quick rehearsal of hymns to sing at the 9 am service. We won't be in choir robes so wear what you like. We hope some new faces will join us. We won't pressure you to join the choir permanently even though that would be great!

If you have any questions, you can call Kathy Senese at the church office or email her at music@saint-anns.org



Communion where you live

If you are unable to attend church, regardless of the duration, and would like a Lay Eucharistic visitor to bring communion to you at home or in a facility, please call the church office,

Father Ben or Deacon Susan to schedule a visit.



The Correspondent July & August 2025/Volume XXXII Issue 7















Thank you to those who have already mailed donations toward the Littlejohn Construction project. A continued call for some financial support in uncertain times. In order to facilitate our bi-vocational ministry, the Town of Islip has mandated that we complete an Americans with Disabilities Act compliance-construction project at Littlejohn. While not something Saint Ann's discerned or anticipated when planning the 2025 fiscal budget, nor "something pretty", it is required to pass Town inspections. The People's Arc is contributing money towards this required project. Some of you may know that Saint Ann's has some endowments, consider them a savings much like a university or college endowment that is used prudently. Still, our Parish cannot always rely on these monies for our projects. We will be heading into some needed campus improvements after May; more to come from Rich Maddox and Laurin Clemens about our upcoming capital campaign. If you are able to donate some money towards the Littlejohn Construction project please contact our Wardens, Randy Schultz or Laurin Clemens, Deacon Susan or, our Parish Administrator Lynne Robinson. Please write "Littlejohn Construction" on the memo of the check to indicate the intention of your generous donation. As always, I thank you for your time, talent and treasure.

Randy, Warden of Saint Ann's Vestry.

Hello! I will be exhibiting my photograph: "Allen's Hummingbird" at the end of June through July. I photographed this tiny beauty at the University of California Berkeley, at the Berkeley Gardens, a wonderful place where you can find plant habitats from all over the world throughout acres of outdoor wonderland. Come visit. Enjoy the opening reception and view beautiful are of amazing artists of a variety of medium. See the flyer below for more details about the art show.

Lisa Marie Scrima Castelli

Mills Pond Gallery - Smithtown Township Arts Council



Featuring the art of 78 artists

Public audiences are invited to join us at an Opening Reception
Saturday, June 28 1 - 4 pm

Meet the artists and enjoy their amazing artwork!

All Parking in Rear Lot, off Mills Pond Rd.
Parking GPS 176 Mills Pond Road

Regular Gallery Hours: closed Mondays, Tuesdays

Open Wed. - Fri. 10 - 4, Sat & Sun 12 - 4

www.millspondgallery.org
gallery@stacarts.org

gallery admission is always free! 631-862-6575

Smithtown Township Arts Council Inc. is a recognized 501 (c) (3) not-for-profit organization, cla a public charity under the Internal Revenue Code

At May's Senior Luncheon we celebrated everyone's birthday.



Beta Sigma Phi (Preceptor Beta Delta Chapter) congratulates this year's winner **RODNEY DUDLEY!** She won the Wildest Dreams Spring Lottery Basket which includes \$100 worth of scratch off tickets! We hope they are lucky ones. And we thank all of you who participated in our very successful fundraiser.











Linda & Richard Maddox's granddaughters, Sophia (204) & Nora (203) and their three best friends recently traveled to Orlando, to compete in the Southern Region Feis, hosted by the Watters School of Irish Dance. Each of the girls performed beautifully, showcasing their hard work, dedication, and love for Irish dance. We couldn't be prouder of them!

A special congratulations goes out to Sophia (11) for dancing up in age group in U13 Preliminary category (dancing with 13-year-olds) - and taking 1st place for the very first time! What and incredible achievement!



orrespondent

MISSION STATEMENT

Our mission is to spread the gospel of Christ in thought, word, and deed to our community and the world.



www.saint-anns.org
Saint Ann's is a member of the Sayville Chamber of Commerce