

The Correspondent

Monthly Newsletter of Saint Ann's Episcopal Church, Sayville, New York

July 2017

Volume XXIV Issue 7

Editorial Page

Calendar

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Associate's Column	3
Vestry Visions	4
Behind the Pole	9
Notes	11
Anniversaries/Birthdays	12

INSIDE THIS ISSUE

WEEKEND SERVICES

Garden of the Unforgotten

Saturday 5:00 PM – Holy Eucharist–Rite II Sunday 8:00 AM – Holy Eucharist–Rite II Sunday 10:00 AM – Holy Eucharist–Rite II

WEEKDAY SERVICES IN THE CHAPEL

<u>Tuesday</u> 9:00 AM Holy Eucharist

SPECIAL UPCOMING EVENTS

Jul 4--- Independence Day/Office closed



MISSION STATEMENT

Our mission is to spread the gospel of Christ in thought, word, and deed to our community and the world.

Independence Day Lessons for Church Life



- Return to the Basics: July 4 we commemorate the origins of our country. In terms of faith, we also periodically need to hear again the foundational stories of Creation, the Israelites and, of course, Jesus.
- Honor the Gift of Freedom: "For freedom Christ has set us free
 ... do not submit again to a yoke of slavery" (Galatians 5:1,
 ESV). We strive as citizens to preserve and live out our national
 freedom. Likewise, as citizens of God's kingdom we live gladly in
 the freedom of salvation and share that gift with others.
- Enjoy Community: July 4 is known for picnics, parades and other community gatherings. Similarly, the church is nourished by coming together for worship, meals and other special events.
- Be Light in the Darkness: As fireworks brighten the sky with light and color, the church is called to display the Gospel's unique light in a dark world. Our word dynamite and the Greek word for power as in, "You will receive power when the Holy Spirit comes on you" (Acts 1:8) share a root. Through God's power in us, we share Jesus dynamically! with others.





Almighty God, who hast given us this good land for our heritage: We humbly beseech thee that we may always prove ourselves a people mindful of thy favor and glad to do thy will. Bless our land with honorable industry, sound learning, and pure manners. Save us from violence, discord, and confusion; from pride and arrogance, and from every evil way. Defend our liberties, and fashion into one united people the multitudes brought hither out of many kindreds and tongues. Endue with the spirit of wisdom those to whom in thy Name we entrust the authority of government, that there may be justice and peace at home, and that, through obedience to thy law, we may show forth thy praise among the nations of the earth. In the time of prosperity, fill our hearts with thankfulness, and in the day of trouble, suffer not our trust in thee to fail; all which we ask through Jesus Christ our Lord. Amen. (Book of Common Prayer, page 820)

FROM THE EDITOR

Literature, painting, music — the most basic lesson that all art teaches us is to stop, look and listen to life on this planet, including our own lives, as a vastly richer, deeper, more mysterious business than most of the time it ever occurs to us to suspect as we bumble along from day to day on automatic pilot. ...

When Jesus [says] that the greatest command of all is to love God and to love our neighbor, he too is asking us to pay attention. If we are to love God, we must first stop, look and listen for him in what is happening around us and inside us. If we are to love our neighbors, before doing anything else we must see our neighbors. With our imagination as well as our eyes, that is to say like artists, we must see not just their faces but the life behind and within their faces. Here it is love that is the frame we see them in. —Frederick Buechner, Whistling in the Dark

This afternoon I attended a showing of "Ragtime" at the Bayway Arts Theater in Islip. It was an interesting look at a chaotic time in America where three worlds were colliding—the white world, the black world, and the world of European immigrants. Each segment of the population was afraid of the others, and they showed it by judging them, bullying them, and looking at them as all the same—bad! But life has a way of interfering, and the ones who fought it lost out. The ones who chose love, compassion, common sense, and who looked at each other on the inside instead of the outside had the best conclusion.

Jesus did not say for us to judge our neighbor or look down on your neighbor or bully your neighbor. He said for us to love our neighbor. It's not easy, but if we are to have a better world—as "Ragtime" shows us—we will all have to accept each other! --Rodney Dudley

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The Correspondent

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2016 Saint Ann's Episcopal Church

Aug-Sept Deadline
Thursday, August 17

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COME TO DONATE COME TO SHOP COME TO VOLUNTEER



Thoughts from the Front Porch Father Brian Barry



Father Brian is celebrating his One-Year Anniversary at Saint Ann's this month and is busier than ever! As an anniversary gift, the Editor is granting him a pass on writing a column this month! However, I am including a highlight from his July 2 sermon. It's a good parable and bears repeating!

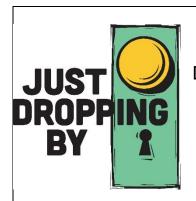
The story goes, an old Cherokee is teaching his grandson about life. "A fight is going on inside me," he said to the boy. "It is a terrible fight, and it is between two wolves. One is evil—he is anger, envy, sorry, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego."

He continued, "The other is good—he is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith. The same fight is going on inside you—and inside every other person too."

The grandson thought about it for a minute and then asked his grandfather, "Which wolf will win? The old Cherokee simply replied, "The one you feed."

Our thoughts can be our own worst enemy, if we let them. Think about how you may be "feeding" your negative thoughts by allowing them to rule your mind. Next time you have a negative thought, ask yourself, "What is this thought doing for me?" You will find that all these negative thoughts are doing is disempowering you. You can feel more empowered by focusing on something good in your life. Work on a daily practice of gratitude and thanks for what you have rather than thinking about what you don't have. --Editor

Mother Diane has been on Sabbatical. We are happy to welcome her back in July!



Pastoral Visitation

Do you need a pastoral visit during the week?

Do you know a fellow parishioner who is homebound and would like to receive communion?

If so, please call the office and let us know.

Pastoral Care has always been a priority at St. Ann's, and we visit everyone who reaches out to us.

Please contact us if you need prayers or visitation.

Church office: 631-589-6522

Vestry Visions

As you are reading this month's *Correspondent*, I hope you are sitting someplace shady with a cool beverage in your hand. Summer has finally arrived. With that comes vacations and earned time off from the everyday grind. But St. Ann's is still up and running full time -- all summer long. Mother Diane, Father Brian, and all the staff members are still hard at work. The bills and expenses still have to be paid. God doesn't take vacation, and neither does St. Ann's, so **please remember to continue sending in your weekly or monthly pledges**.

Do you need a pastoral visit; or know a fellow parishioner who is homebound and would like to receive communion? Pastoral Care has always been a priority at St. Ann's, and Mother Diane and Father Brian visit everyone who reaches out to them. Please contact the office if you or someone you know needs prayers or visitation.

We now have an "Ask the Vestry" box in the Parish Hall. If you have a concern, a suggestion, or a question that you would like the Vestry to address, please indicate it on the form and place it in the box. All correspondences will be collected and discussed at the next Vestry meeting. If you include your contact information, a Vestry member will be in touch with a response. We want to hear from you!

Daughters' of the King, as part of Operation Hope, would like the parish to participate in a Back to School Supply Drive. They will be purchasing approximately fifty backpacks and it will be our mission to help fill them. These backpacks will be given to Eastern Farm Workers to be distributed to those in need. Keep a look out for the poster with all the details in the Parish Hall.

Look in the weekly bulletin, the St. Ann's website, or our Facebook page for upcoming events such as:

- Saturday Night Fever at Christian Ministries in Oakdale
- God and Guinness at the Portly Villager
- The 2nd Annual Clam Bake Dinner
- Country Line Dancing Night
- Trivia Night
- Senior Luncheons
- Ministry meeting dates
- Star Search, and more....

Wishing you a happy and safe summer!

Packie Gandalfo for the Vestry



Wardens:	2018 Nancy Koinoglou	2019 Thomas Honey
Vestry	2018 Helen Houdek	Carol Ann St. Lawrence
	Wendy Schmittzeh	John Smith
	2019 Jackie Gandolfo	Jill Hughes
	Nicole LaFountaine	Constance Currie
	2020 Donald Hester	Diane Miller-Magnani
	Chris McNamee	John O'Neil



Tuesday, June 20th, was the occasion for the Annual Senior Salad Luncheon in the Parish Hall! The quests were treated to a buffet

of various salads, which was then followed by a game of Bingo.

You would have been surprised at the fierce competition, especially since there was no

money involved. The prizes were plants, flowers, knick-knacks, and even some leftover salads! But we all still like to win!



Watch the church bulletin for information on future Senior Luncheons!



Christian Yoga

Our Thursday afternoon yoga group recently had a treat. Newly minted yoga teacher Gina DiStefano came to visit and lead our group in a Beginner's Class (though truthfully, our regular routine falls a little short of Beginner!) Since we usually use a CD and voice instruction, it was wonderful to have the experience of a live yogi! The class begins at 1:30 and runs for about an hour. All are welcome, and we guarantee you'll feel better at the

end!

PARISH FINANCIAL REPORT THROUGH MAY 31, 2017

FINANCIAL	Budget	Actual	Over / (Under)		
Regular Giving	\$57,984	\$66,641	\$8,657		

Regular giving continues to be better than planned, for which we are grateful. However, we still have more work to do to overcome our \$50K net deficit. We continue to utilize our savings to cover our excess costs.

ST. BARNABAS' DAY



ECW SCHOLARSHIP AWARD

Congratulations to our two winners of the St. Ann's ECW Scholarship Award! They are Samantha Rossi and Alexandra Recksten, who both attend Patchogue-Medford High School. Ellen Stoll presented the award to Samantha and Alex on St. Barnabas' Day with thanks to them for their service to St. Ann's. A big thank you to all the parishioners who contributed to the "No-Bake Bake Sale," which helped fund these awards.

We were fortunate to have a beautiful day to celebrate outside, and the church service was followed by a delicious barbecue prepared by the Vestry and enhanced by salads and desserts provided by the many attendees.

Thanks to all who participated, and thanks to the Vestry and other volunteers who did all the preparations and set up for this wonderful tradition!



Rota Reminder

All servers are reminded to check their email for Rota assignments and make their own substitutions if necessary.

We are grateful for our fine volunteer scheduler, Eileen Moran, who is doing a great job with this ministry!



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MISSION & OUTREACH

OPERATION HOPE



Learn to knit, crochet, sew and quilt. Work on no-sew projects.

Workshops will be held every Thursday evening at 6:30-9:00 PM.

Come and help with projects for the homeless. Call Marge Rogers (631-567-1919) for more information.



HELP FOR THE HOMELESS



As the weather warms up, St. Ann's Mission and Outreach is in need of men's and women's shorts, t-shirts—any type, any size--and flip flops and bathroom tissue. Please bring donations to the Parish Hall on Sundays.



IN SEARCH OF GOD AND GUINNESS



Father Brian will continue to host a "Theology on Tap" night at the Portly Village in Sayville (over 21 years old please). It will be a casual discussion about Christian identity. Please join us on **alternate Thursdays at 7:00 PM**. Next meeting will be on Thursday, July 20. Hearty sandwiches are also available.



COFFEE HOUR



Coffee Hour is a treat we all look forward to on Sunday mornings! Everyone who has signed up has done an outstanding job providing goodies and milk for the congregation to enjoy between services. Please check the sign-up sheet for the next few months to help this enjoyable custom continue. The sign-up sheet is posted on the counter with quidelines for set-up and clean up.

While some people like to decorate, this is fun, but not necessary. It can be as elaborate or as simple as you care to make it. It would be wonderful if everyone who enjoys the Coffee Hour would take at least one turn hosting! Those who try it once, usually find they want to try it again!

Thanks for your consideration!

"You must not lose faith in humanity. Humanity is an ocean; if a few drops of the ocean are dirty, the ocean does not become dirty." —Mahatma Gandhi



PEANUT BUTTER AND JELLY MINISTRY



By Mary Mattarella (631-590-0076)

Last month's PB+J Ministry trip to NYC, was another joyful success, with an amazing crew of St. Ann's souls: Paddy, Trevor, Wendy, Taylor, Emily, Flo, Robert, and me from St. Ann's; and Joanne from Zion Douglaston--all joined together, to answer God's call, to fill the needs of our Homeless Sisters and Brothers.

With all of your generous donations in tow (flip flops, clothes, hygiene items, fruit, crackers, and 201 Peanut butter and jelly sandwiches), we boarded the Sayville train. Just as we were getting on, the sky opened up and rained cats and dogs--but that did not dampen the spirits of our crew! Our new wagons, have made getting on and off the train, much easier! Once we arrived at Penn Station, God smiled on us with sunshine. As we set up, people began to gather. There were a few regulars, but interestingly enough, God sent us many new souls to minister to.



Several people, did not know, that Holy Apostles Episcopal Church now allows homeless people to use their address for mail purposes. This is vital, for one cannot obtain food stamps, housing, health benefits, or job opportunities, without a mailing address! At Holy Apostles, folks can also use the phone for these purposes. While people eat hot and freshly prepared meals, they are treated to a live musical presentation! Holy Apostles also helps folks wade through the process of obtaining housing, and offers computer classes, theatre discussion groups, job resume shops, and much more!

In July, I will be going to do a "mini-mission" to NYC--bringing T-shirts and hygiene items--to Holy Apostles, and eating there with our sisters and brothers in Christ. I feel that to truly understand the journey of our homeless friends, not only should we meet their needs to the best of our ability, but we should spend quality time with them, in effect, spending time with Jesus Christ.

In August, we will be doing a full mission trip, this time we will be bringing our wares to Holy Apostles, distributing our items there and also eating with our sisters and brothers. The staff there is most welcoming, and The Bishop, is amazing! He also knows our Mother Diane from the time she spent in the Diocese of New York. If anyone is interested, you are most welcome, and I promise you, this will be truly life changing.

Meanwhile, God has directed me to Central Islip, Brentwood, Syosset, Plainview, Riverhead, Sayville, Greenport, and more, all the while, bringing along your prayers and donations. When any of you bless me with cash, I head to Dollar Tree--where everything costs just a dollar! Many of you have asked me what we need, and I thank you in advance for this. Here is a list:

Bar soap * deodorant * shampoo * toothpaste * toothbrushes * hairbrushes * feminine hygiene items

We also desperately need t-shirts and flip flops, all of which can be purchased at The Dollar Store.

Of course, prayer is of utmost importance, and our mission would not succeed without it. I must joyfully report to you, that with all the above towns I have mentioned, plus our most recent trip to NYC, with the Guidance of God, and all of your generosity, we have ministered to over 611 people!

With God's Grace and all of your generosity, we ARE making a positive difference! I am asking you to prayerfully consider joining in--whether it is thru donations, or coming along with me! What I would love for any of you to witness in person the courage, love, and compassion our young people have when they minister to our homeless sisters and brothers. It was truly amazing, to watch Taylor, Robert, and Emily, as they lovingly handed out items in NYC. These fine young people, did not flinch, look away, or waiver. They treated each person, no matter how dirty they were, how "different" they were, or how "lost" they seemed, with the Love and Compassion of Jesus Christ. I wish that the people that govern us, could act this way, and we would have no war, no hunger and we would live in Peace.

With Love, The Very Festive Mary

VIEW FROM BEHIND THE POLE



END OF THE CHOIR YEAR

On Tuesday, June 13, the choir officially ended the choir year with a pot luck dinner at the home of Christine Mulroy and Susan Knoepffler in Bayport. Choir members and honored guests enjoyed a beautiful warm night of fellowship and food. The Choir will be taking a summer break for a couple of months and will be returning to their place behind the pole in September.



THE "GOOD OLD DAYS"

Perhaps you have been a member of Saint Ann's long enough to remember the object at the left—a hand-held paper fan! Those were the days when we had no air conditioning, and any breeze that was in the church came from either the ceiling fans or the hand held fans which were placed in the pews.

The Episcopal Charities Appeal provided these particular fans, perhaps hoping your contribution would be more forthcoming if you felt grateful for the comfort their fans provided. Probably a pretty good idea! The message on the fan reads: "As you gain comfort from this fan, consider the comfort others could gain from your contribution."

[&]quot;May we think of freedom not as the right to do as we please but as the opportunity to do what is right."

—Peter Marshall

The Pastor Is In

Every Tuesday morning on New York City's Upper East Side, Gregory Fryer sits in a Peanuts-style booth offering prayer and a listening ear to passersby. Initially, the pastor wanted to draw attention to his church, but instead he ended up noticing all the "hungry hearts" in the neighborhood. Fryer has been pleasantly surprised by all the people who open up to him. "I think they like the idea of a pastor being on the sidewalk," he says.

Although a sign on the booth reads, "Spiritual Advice 5¢," the pastor keeps a plate of nickels handy if people want to put one in his jar. Some people donate much more—and some even pray for Fryer.

The pastor says he was inspired by Peanuts character Lucy van Pelt, who has the "audacity, the courage, to brazenly sit out in public and offer to deal with important matters."

This article is from a supplemental source, "The Newsletter Newsletter," and I was curious about the Rev. Gregory Fryer. He is indeed currently pastor of Immanuel Lutheran Church in NYC, an evangelical catholic branch of Lutheranism. The church's home page, however, did not mention his unusual ministry. This article reminded me somewhat of Fr. Brian's recent "God and Guinness" sessions at the Portly Villager in Sayville. There is something about having spiritual conversations outside the confines of a church building. Perhaps it is the informality or the open-endedness of the conversations. Whatever it is, it appears to be very popular! **-Editor**





"Only those who learn to live with loneliness can come to know themselves and life," said poet Carl Sandburg. He described walking in nature, listening to the "sounds of loneliness" and wondering, "Who are you, Sandburg? Where have you been, and where are you going?" Jesus also valued alone time with God in nature. He often withdrew to pray after being with crowds of people and his disciples. Spending one-on-one time with God helps us find and focus on his mission for our lives. He also uses it to strengthen us for carrying out his important work.

A New Look at a Summer Treat



Recently at a Senior Luncheon in the Parish Hall, we were enjoying our lunch and an accompanying plate of sliced watermelon. We all agreed the watermelon tasted good, but someone remarked that it's too bad it has no health value. That led to a Google search and the discovery that this is a definite (and probably common) misconception! Watermelon has multiple benefits for our health!

Watermelons are mostly water (about 92%—great for hydration!), but this refreshing fruit is also soaked with nutrients. Each juicy bite has significant levels of vitamins A, B6 and C, lots of lycopene, antioxidants and amino acids. ... It has been shown to reduce high blood pressure and heart disease and is good for bone health, and prostate cancer prevention. It reduces blood sugar levels and boosts the immune system, and It produces energy and cleans the kidneys!

So, enjoy all the watermelon you want this summer. It's not only tasty but it's good for your health!



ST. BARNABAS' BUDDIES

Whether you need help or can give help, call Gerry Hoek at 631-868-7278 for further information.

- (1) Prepare a meal for someone recovering from a recent illness or fall.
- (2) Drive someone to a doctor's appointment and bring them home.
- (3) Bring someone to church (perhaps once a month) if they are unable to drive.

Make a phone call to someone homebound just to let them know they are not forgotten.





OUR DAILY BREAD

Monday & Thursday, from 10:00 AM -12:00 Noon This month we would especially appreciate donations of the following items:

Canned Meats * Tuna * Chili * Juice * Shelf Stable Milk *
Toilet Paper * Paper Towels * Bread

Of course, cash donations allow us to buy whatever is needed!

THRIFT SHOP OPPORTUNITIES!

Here's your chance to volunteer at our fabulous Thrift Shop! A few volunteers are needed to help with sorting and tagging and to help in the office. Thrift Shop hours are 10:00-3:00 from Wednesday to Saturday. If you have a few hours to fill, consider joining this lively group of volunteers. **Call 631-589-6220** with questions or to sign up!





LOST & FOUND GLASSES

Have you misplaced your glasses? We have a growing collection of lost reading glasses in the Sacristy! If you are missing a pair of glasses and recognize yours in this photo, please stop into the Sacristy after the service. The Altar Guild will be glad to reunite you with your lost glasses!

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IF YOU HAVE ANY QUESTIONS OR COMMENTS REGARDING THE BIRTHDAYS AND ANNIVERSARIES LIST, PLEASE CONTACT THE CHURCH OFFICE AT 631-589-6522.



	Celebrating An Anniversary This Month		WEDDING ANNIVERSARIES			
1	Raymond & Betty Graunke	6	Dennis & Bo Messina	22	Peter & Jenny O'Connell	
3	Patrick & Karen Cavanagh		Adam & Jessica Shelton	29	Keith & Heather Johnson	
	Juan Carlos & Lara Espinoza	10	Justin & Wendy Schutte	31	Stephen & Jeanne Vander Borgh	
	Donald & Barbara MacKenzie	15	Shaun & Jessica Brett		Christopher & Kyle Wolfe	
5	Ryan & Christina Schroeder		Phil Potestio & Addie Sanders			
	Christopher & Ann Marie Zanchelli	19	Richard & Alissa Williams			



1	Terina Imperato	13	Jillian Waters	20	David Gandolfo III	28	Joyce Hamilton
2	Joanna Castaneda	14	Rodney Dudley		Salvatore Senese	29	Jonna Catalina
3	Doreen Grenci		Leon Kushmock		Justin Schutte		Carole Sheppard
	Christopher Wolfe	15	Lisa Montemarano	22	John Schulz	30	Patricia Madison
4	Joanne Festa	16	Barbara Gaito	23	Ella Chalmers		Victoria Speicher
	Roland Russell	17	Michelle Beale	24	Susanne Schultz		Richard Williams, Jr.
5	Emily Cole		Eleanor Cheslak-Wilkins	26	Stacy May	31	Nathan Casaburi
	Samantha Elton		John Greves	27	Rachel Ferzola		Constance Currie
8	Giulietta Imperato		Donald Russell		Gerhard Pagels		Joseph DePompeo
9	Jonas Stankovich	18	Robert Immoor		Patricia Shiebler		Caroline Sweezey
11	Meredith Espinoza		Shane Leuly		Joel Wolfe		Christina Schroeder
	Taylor Schmittzeh	19	Jean Arena		Callie Williams		

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Our Church History



The Garden of the Unforgotten

ELIZA & MITCHELL ROBERTS

By Connie Currie



If you look in the back of the Suydam plot in Saint Ann's Cemetery, you will see this restored stone on the grave of the black house slave couple who had lived with the Suydam family. Although the Suydams had freed them, the couple chose to remain with the family. They are buried in the far-right corner at the back of the family plot.

Unusual in the case of slaves, the Suydam family had placed a full tombstone marker over the graves of the couple—Eliza and Mitchell Roberts. But over time, the tombstone had been buried in the dirt and broken into pieces. It has since been completely restored by Tom Fricke and his son Kyle of Alan E. Fricke Memorials, Inc. The stone has not been replaced as was the original plan, but the pieces of the original have been epoxied back together and the stone cleaned and placed as it originally was almost 120 years ago!

We will celebrate the historic tombstone next Black History Month. We especially thank Francis Jr. and Irene Bodkin, who provided the guidance and funding for this project.

Christ's Hands

In World War II, bombs destroyed a church in Strasbourg, France. As parishioners cleared the rubble, they discovered a statue of Jesus that was now missing both hands. A visiting sculptor later offered to make repairs, but church members declined, saying Christ "has no hands to minister to the needy or feed the hungry or enrich the poor—except our hands. He inspires. We perform."

St. Theresa of Avila wrote:

Christ has no body but yours; no hands, no feet on earth but yours.

Yours are the eyes with which he looks with compassion on this world.

Yours are the feet with which he walks to do good

Yours are the hands with which he blesses all the world.

Yours are the hands; yours are the feet;

Yours are the eyes; you are his body.

Christ has no body now but yours.



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+ Christian Symbol +



The Sparrow

Birds in general symbolize God's presence. Sparrows represent God's concern and care even for those thought insignificant. In Jesus' words, "Are not two sparrows sold for a penny? Yet not one of them will fall to the ground outside your Father's care. ... So, don't be afraid; you are worth more than many sparrows" (Matthew 10:29, 31, NIV).

AROUND SAINT ANN'S

Monthly Schedule

See Correspondent pages and Bulletin for changes/cancellations.

Check out the website at: www.saint-anns.org

Sundays

8:00 AM—Holy Eucharist

9:00 AM---Sunday School

10:00 AM—Holy Eucharist

7:30 PM—AA Meeting

Mondays

10:00AM—12:00PM Food Pantry

7:00 PM—EfM

6:00 PM—Vestry Meeting—July 10

8:00 PM—AA Meeting

Tuesdays

8:00 AM—Men's Group 9:00 AM—Holy Eucharist

Wednesdays

Thursdays

10:00 AM—AA Meeting

10:00AM—12:00PM Food Pantry

1:30 PM----Christian Yoga Class

7:00 PM—Project Hope

7:00 PM—God and Guinness / Portly Villager (July 20)

8:00 PM—AA Meeting

Friday

Saturday

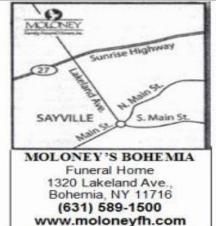
5:00 PM—Holy Eucharist



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Also serving families in: Lake Ronkonkoma, Central Islip, Hauppauge, Holbrook, and Port Jefferson Station

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